

# Plan Sponsor Survey 2024

Prepared by Greenwald Research

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## BACKGROUND AND METHODOLOGY

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This report presents the results of an online survey conducted by Greenwald Research on behalf of American Century. The goal of the study was to better understand how plan sponsors run their retirement plans, as well as to gain insights on retirement savings and retirement income needs. To achieve these goals, respondents were asked about:

- Plan structure, and measurement and performance of plan goals
- Concerns about different types of risk
- Employee performance when it comes to retirement preparedness
- Employee and employer interest in having in-plan income and Target Date Funds added to their options
- The extent to which employee education matters to employers, as well as their performance in this area
- Their reactions to various strategies to encourage employees to save for retirement

The survey was conducted between June 10th and June 26th, 2024. Respondents were screened to include only those who:

- Have considerable influence when making decisions about their company's retirement plan (either 401(k), 403(b), or 457 plans)
- Have a job title of Director or higher
- Work for a company that has been in business for at least three years
- Work for a company whose defined contribution plan assets are at least \$10 million

A total of 500 respondents completed the survey. The data were weighted to reflect the makeup of the total defined contribution population by plan asset size. Percentages in the tables and charts may not total to 100 due to rounding and/or missing categories.

## EXECUTIVE SUMMARY

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### RESEARCH STORY

#### **Target Date Funds and Retirement Income Options Can Help Mitigate Concerns**

Though most report seeing their plan's average contribution rate and their employees' average savings rate increase, a majority are still concerned that employees are not saving enough to be ready for retirement and that retiring employees won't be able to make their balance last for their lifetime.

Sponsors are also concerned about market volatility for those closest to retirement. Market risk is the second most important type of risk to address with Target Date Fund options, closely following inflation and interest rate risk. Nearly all are either offering or considering offering a Target Date Fund and most have conducted a search for one in the past three years. When searching for a Target Date Fund, performance is most important, followed closely by risk management and risk tolerance of employees.

Sponsors prefer a Target Date Fund that helps protect participants from significant losses rather than outperform the market. Nearly all believe it's important to protect the value of employees' entire workplace retirement savings account balances to generate income when they retire.

Most sponsors claim to offer or are considering offering retirement income options. More say they allow guaranteed monthly payments than non-guaranteed, though a third allow both. These high numbers suggest a lack of understanding about retirement income solutions and may be the cause of many divided preferences for income solution design, but demand/desire is clear. Having an in-plan guaranteed income option is attractive, as most feel at least half of their employees would be interested.

Nearly all sponsors believe it's important to provide features that allow participants to turn their balance into a reliable income stream and that their participants need help doing so. Sponsors also want their employees to have the opportunity to grow their account value during their retirement years while also having 100% control and flexibility.

**KEY INSIGHTS AND SUPPORTING FINDINGS**

As employee turnover remains high, retirement plan benefits are seen as an important way to attract new employees.

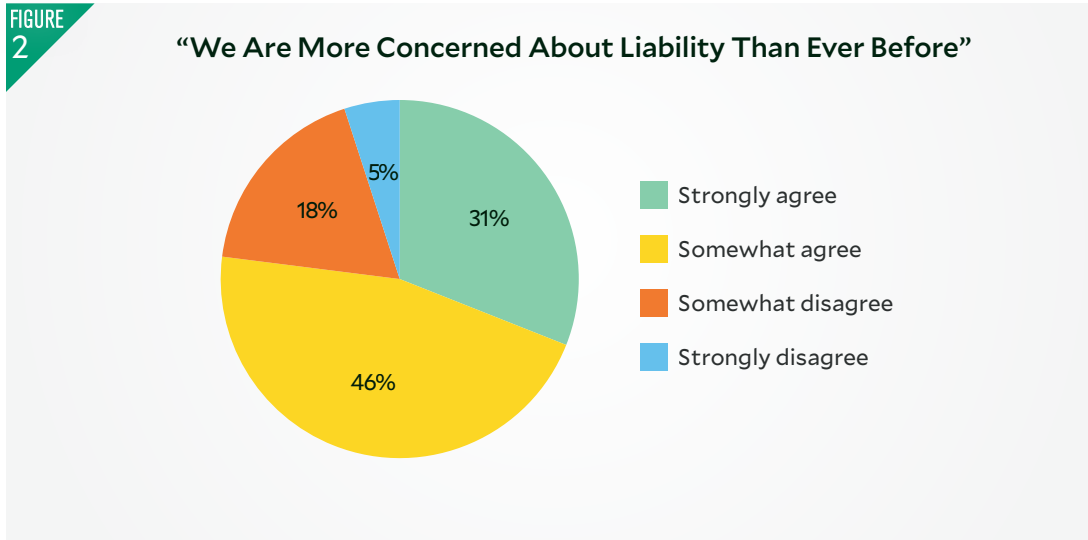


- Most continue to experience about the same level of turnover compared to pre-pandemic levels (44%) or greater turnover (35%). The largest sponsors (1,000+ employees) are experiencing more turnover than smaller sponsors.
- Though supporting employees' efforts to have a secure retirement is the most important corporate goal in offering a retirement savings plan, other goals that could address turnover are also extremely important to sponsors, such as providing access to retirement/financial advice (66%), helping employees generate income in retirement (62%), and attracting new employees (60%).
- The majority are currently offering a wide variety of tools and features within their defined contribution plans, such as matching contributions (75%), access to a financial advisor (65%), and automatic enrollment (62%). Of those who do not currently offer these tools and features, most are considering it.

Over three-quarters of sponsors are more concerned about liability than ever before.

- Majorities express concern that they are fulfilling their fiduciary obligations and meeting regulatory requirements and disclosures.

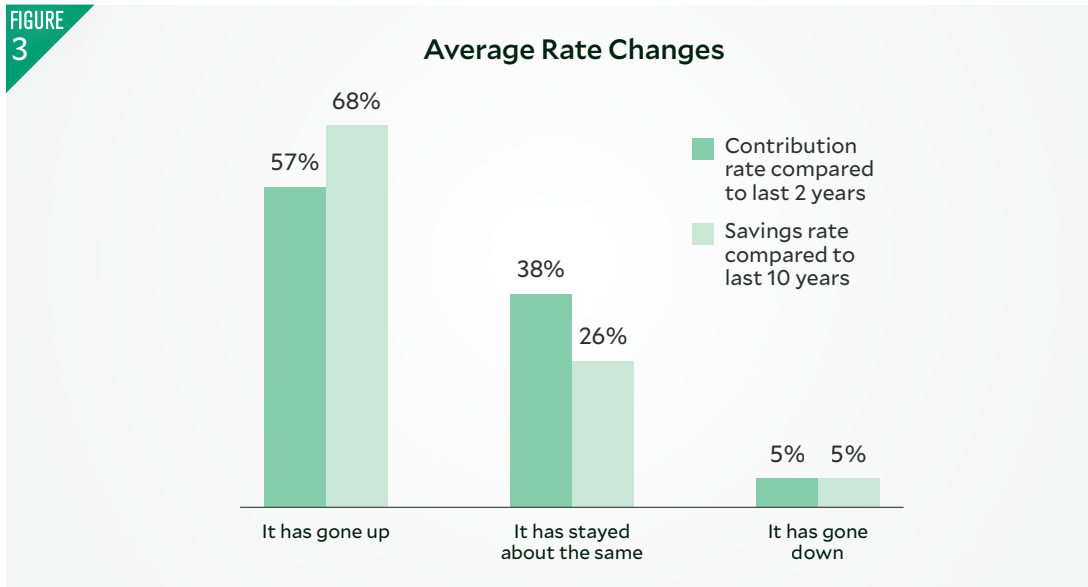
- Whether or not they currently use one, employee education, investment selection, and discussing retirement income solutions are some of the most important duties that sponsors say an advisor should perform. Despite concerns, only 7% say serving as a fiduciary is the most important.



A majority feel their participants are doing well, though there is still some concern.

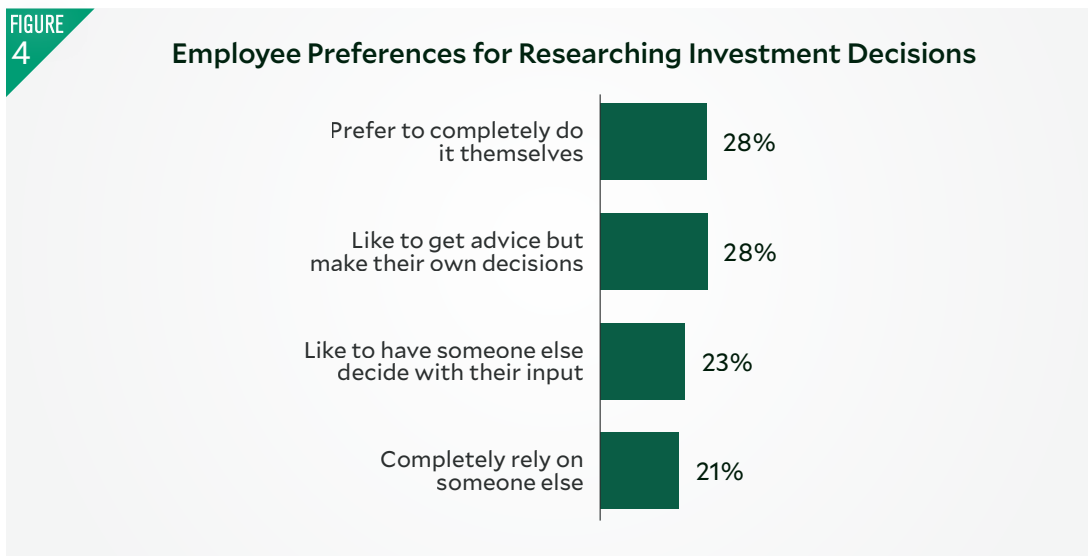
- Nearly all (95%) say that their plan’s average contribution rate has either held steady or gone up over the past two years, with 57% saying that it has gone up (up from 46% in 2022).
- Similarly, nearly all (94%) say their employees’ average savings rate has either held steady or gone up over the last ten years, with 68% saying that is has gone up.

- However, two in three are concerned their employees are not saving enough to be ready for retirement and eight in ten admit that their organization should have done more to encourage workers to start saving sooner.

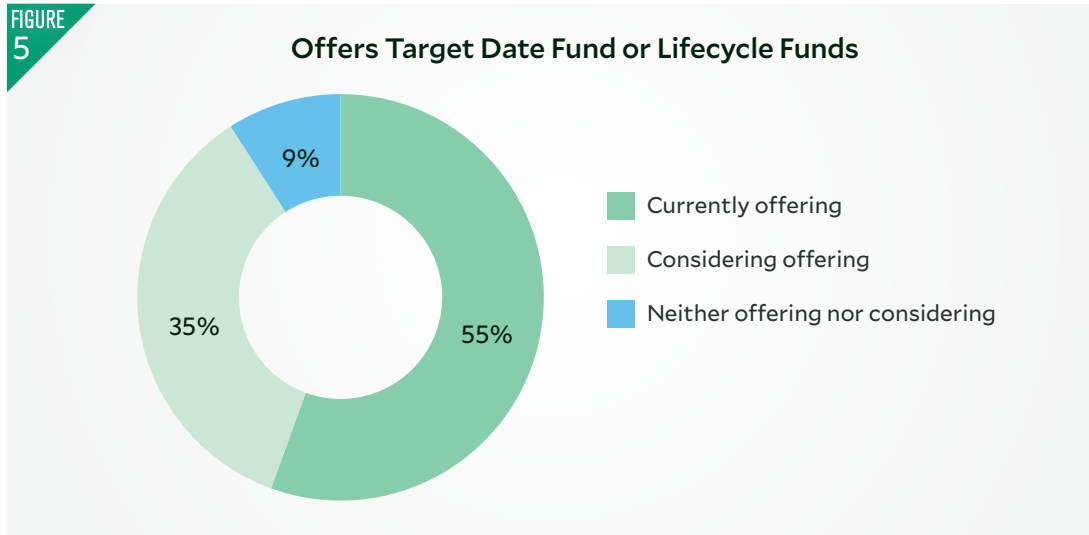


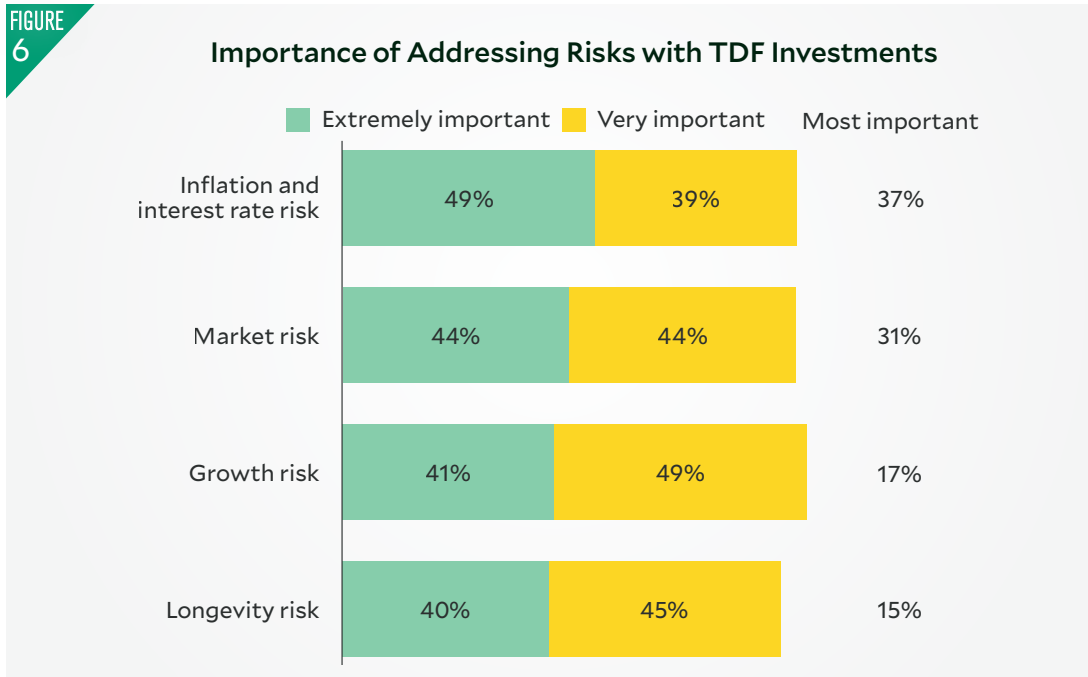
Participant education is seen as critical.

- Nine in ten say that participant education is highly important. While half say that it's extremely important, only 42% say that their participant education program is extremely effective. Nine in ten believe their employees want plan providers to come into the workplace and educate them.
- While most (91%) believe their participants do a good job of choosing investments that are appropriate for their circumstances, about half still worry that participants are invested too conservatively or are taking too much risk. Nearly all (93%) say their employees depend on employer resources to make intelligent investment choices.



- Employee preference needs to be taken into consideration. More than half (57%) believe their employees prefer to do their investment research completely or mostly on their own, while the remainder want more help.





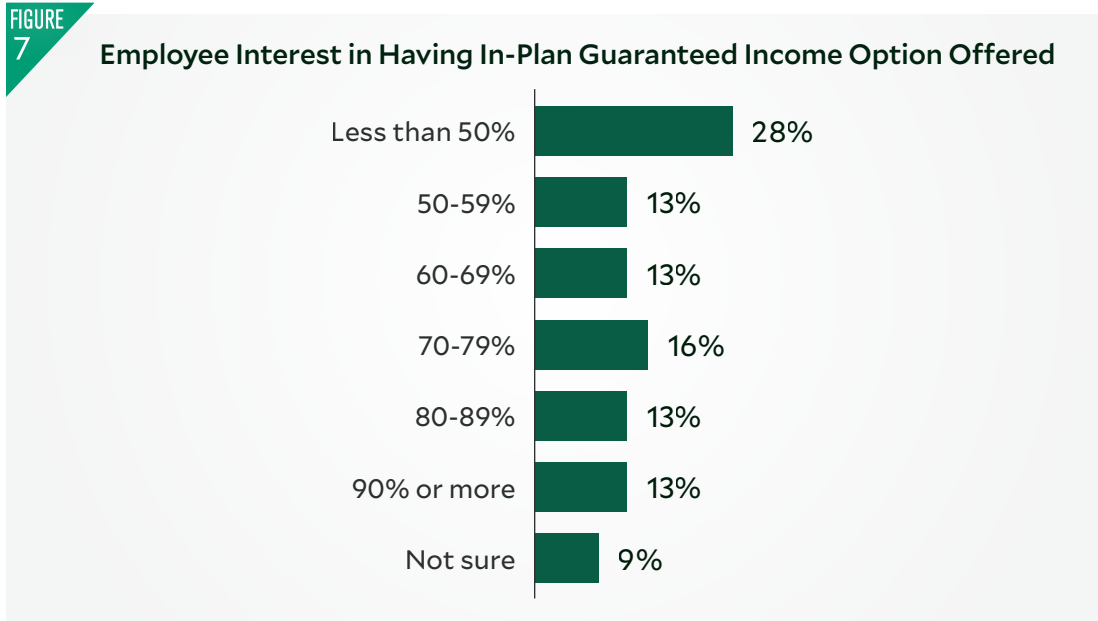
Multiple factors, including risk concerns, go into a target date fund search.

- More than half (55%) currently offer a Target Date Fund option and another third are considering offering. Most believe their employees’ understanding of TDFs is relatively high.
- Eight in ten completed a TDF search within the last three years, including a third in the past year. When selecting a TDF, a variety of factors are equally important, including performance, risk management, employee average savings rate, risk tolerance of employees, and fees.
- The clear preference is to have a TDF that helps most participants protect their savings from significant losses (66%), compared to a TDF that focuses on performance (32%). Though for employees with a high savings rate, more suggest an aggressive TDF than a conservative one, especially the largest sponsors (1,000+ employees).
- The most important type of risk to address with TDF investments is inflation and interest rate risk (37%), followed by market risk (31%), growth risk (17%), and longevity risk (15%). Many sponsors are concerned about market volatility for those closest to retirement (69%).
- Compared to those who do not offer a TDF nor are considering it, sponsors with a TDF are more concerned about employees’ savings and whether those savings will last throughout their lifetime. They are also more concerned about risk and volatility.

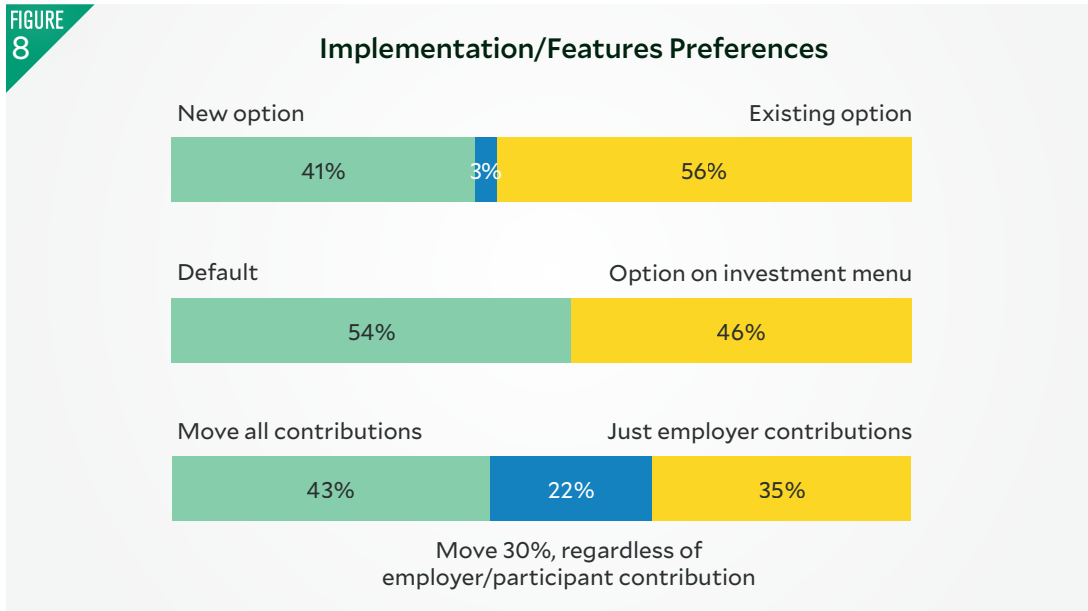


Interest in an in-plan guaranteed income option is high, but sponsors are torn on how to best implement and allocate it.

- Seven in ten (69%) report that they offer retirement income options and another 26% are considering offering. Nearly all say they allow for monthly retirement income payments, including 36% who allow both guaranteed and non-guaranteed.
  - This high self-reported incidence suggests sponsors may not understand the retirement income space, and that lack of understanding could be leading to divides and uncertainty about features of income solutions.
- Sponsors believe there is high interest in having an in-plan guaranteed income option, with nearly seven in ten saying at least half of their employees are interested. Among options, nearly half find in-plan income protection as the most appealing and four in ten find in-plan annuities as the most appealing.



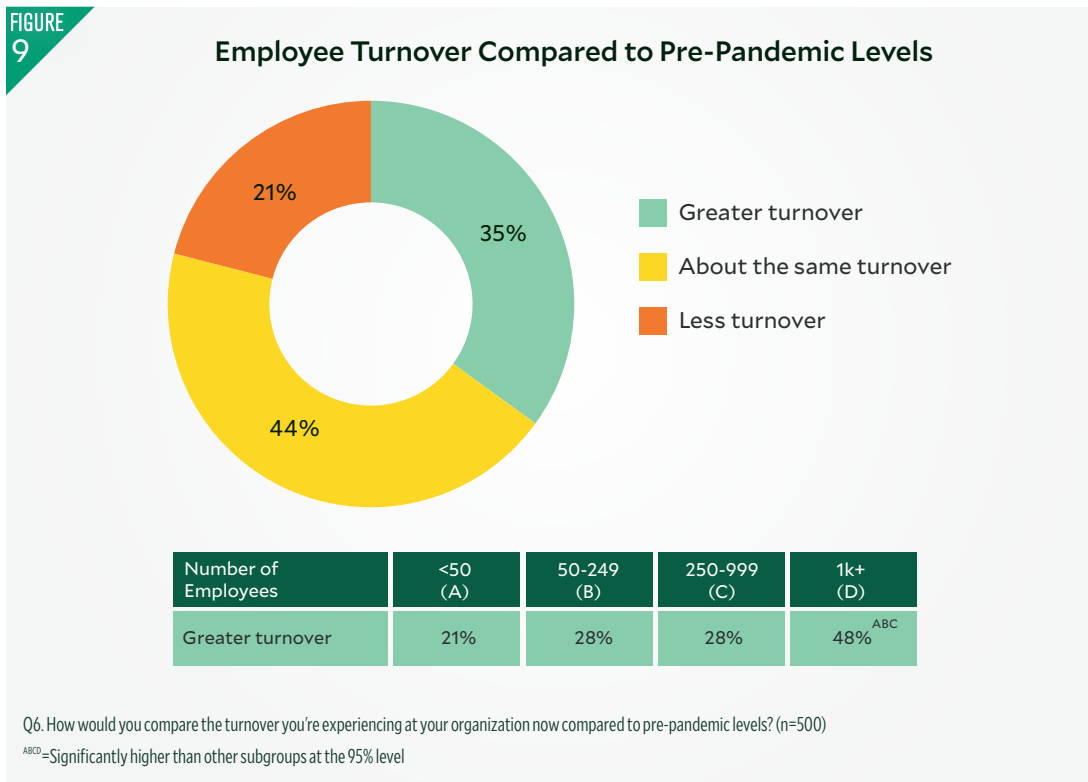
- Preferences for implementation and features are divided:
  - Just over half (56%) would prefer to incorporate guaranteed income into an existing investment option, while 41% would add it as a completely new option.
  - Just over half (54%) say they would prefer to implement in-plan guaranteed income as a default for all participants, rather than an option on the investment menu.
  - About four in ten (43%) would prefer to allocate both employer and employee assets to in-plan guaranteed income and 35% just the employer contributions.
- Sponsors find it very important for employees to have their retirement income protected, but with some flexibility. Most (76%) prefer employees to be able to protect all of their account balance leading up to retirement and allow them the flexibility to choose how much guaranteed income to take at retirement. And nearly all say it's important for employees to maintain 100% control and flexibility of their account after retirement.



# PLAN GOALS, CHALLENGES, AND PERFORMANCE

**One in three sponsors are experiencing greater turnover compared to pre-pandemic levels. Turnover tends to be higher in sponsors with at least 1,000 employees.**

- However, more than four in ten (44%) say they’re experiencing about the same level of turnover.



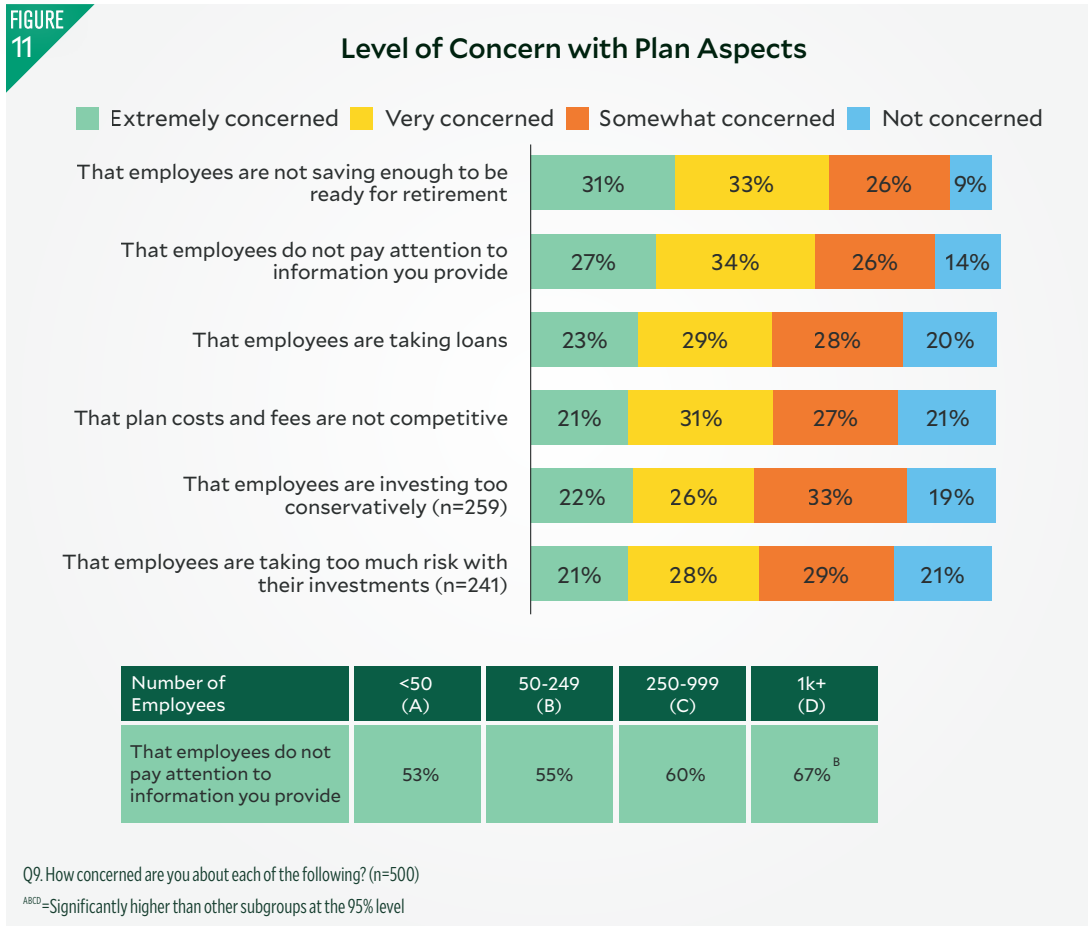
**Nearly all offer a retirement plan to help employees have a secure retirement, including two in three calling it an extremely important goal. Six in ten call attracting new employees an extremely important goal.**

- Just over half feel offering a plan to prepare employees for making withdrawals to replace their income in retirement is extremely important.
- Offering a plan to attract new employees is generally rated as more important amongst the smallest (<50) and largest (1,000+) sponsors.



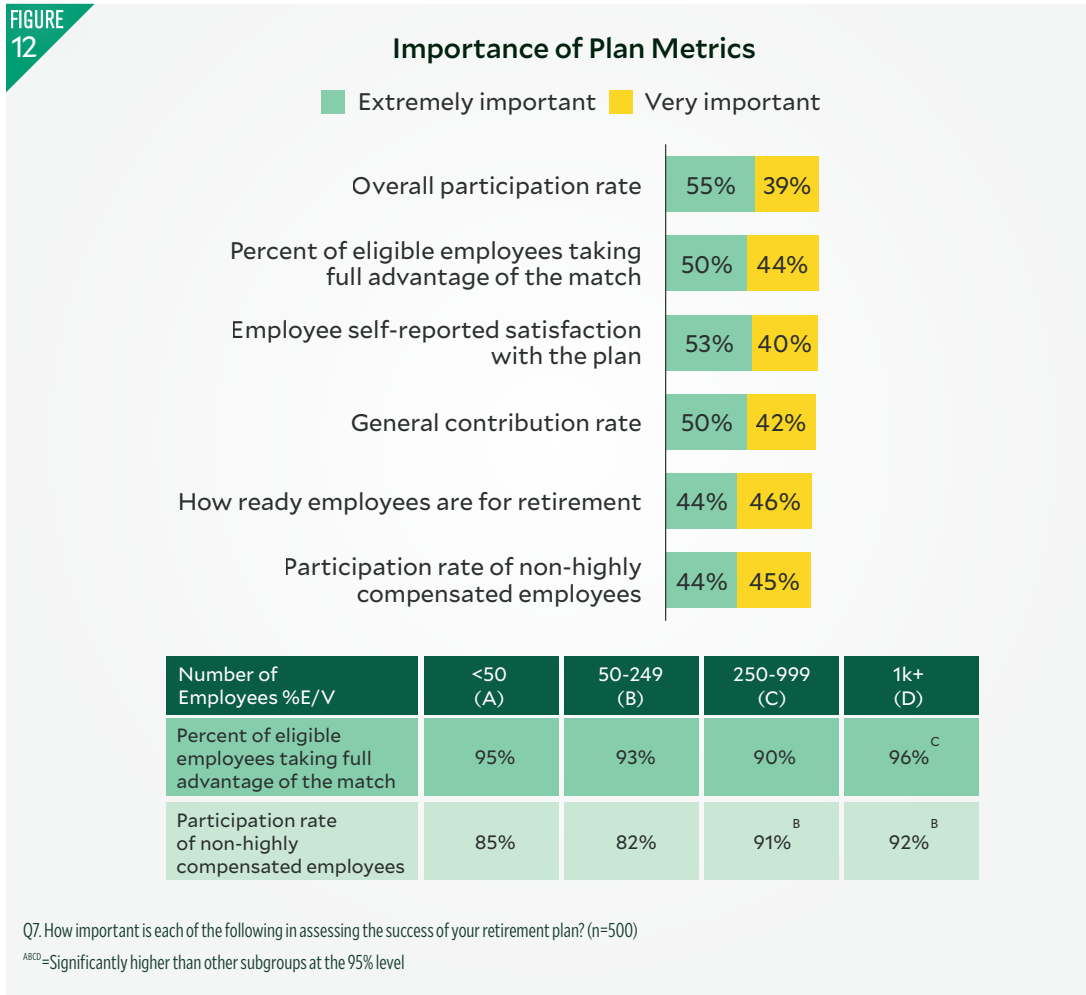
**However, many sponsors are concerned that employees are not saving enough to be ready for retirement.**

- About half of sponsors are highly concerned about participants investing either too conservatively or too aggressively – in short, that they aren’t selecting appropriate investments.



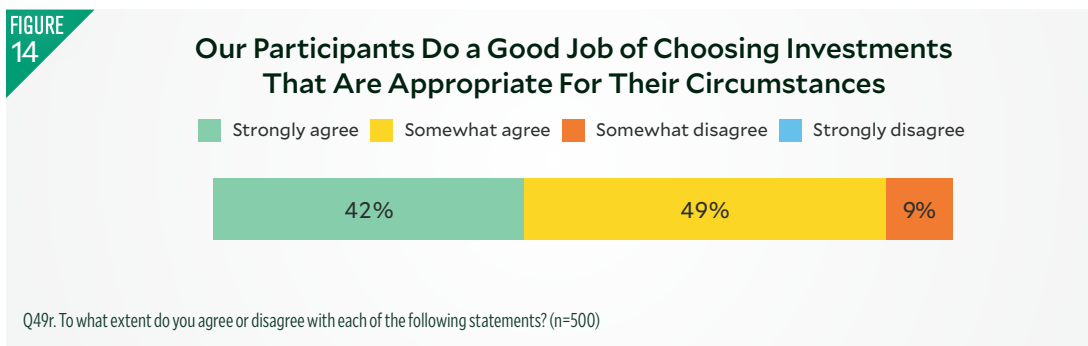
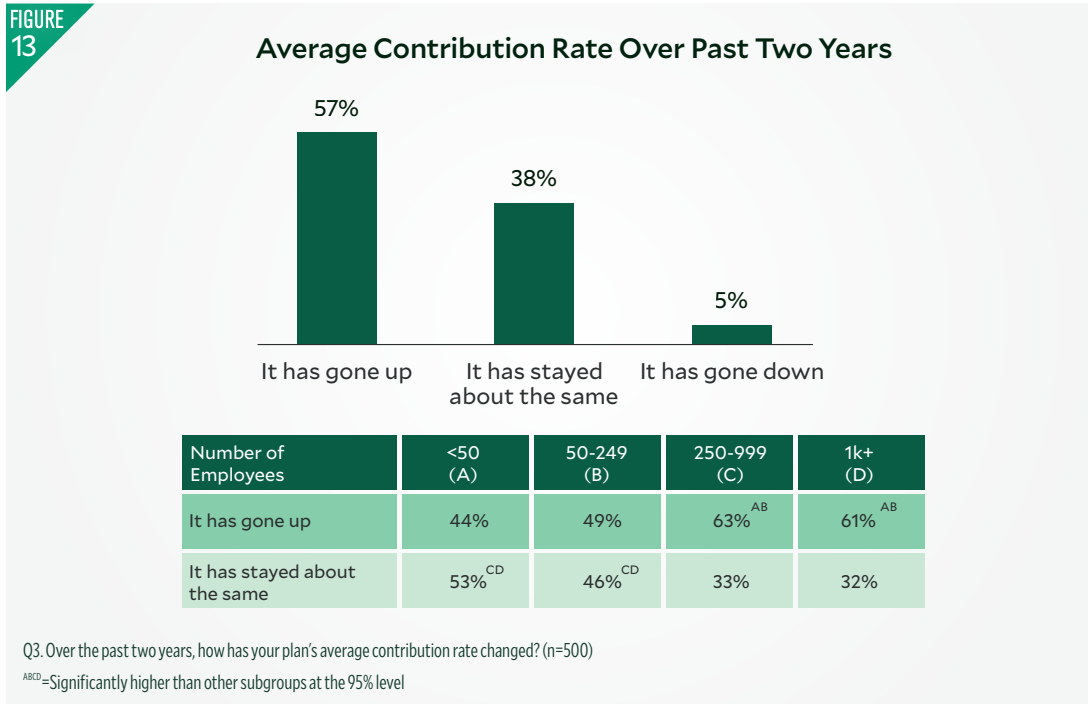
**More than half find overall participation extremely important in assessing the success of their retirement plan. Slightly fewer say the same about assessing how ready employees are for retirement.**

- More find overall participation rate important than in 2022 (95% vs. 89%).



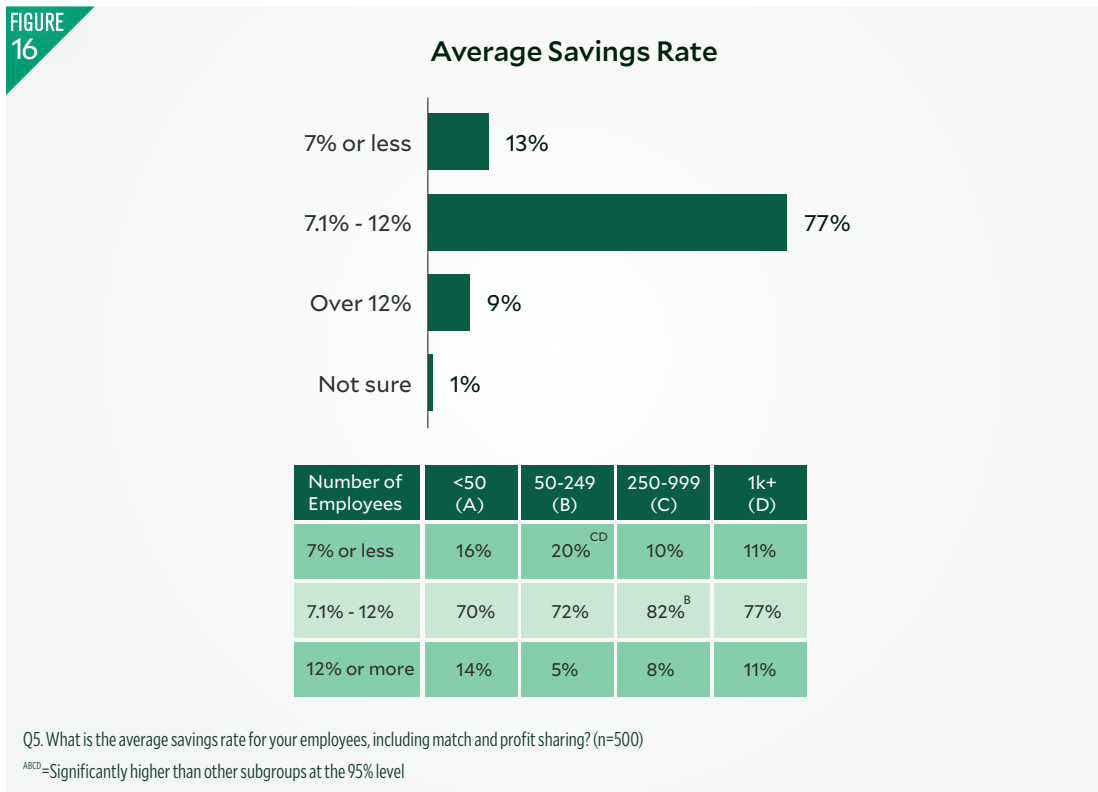
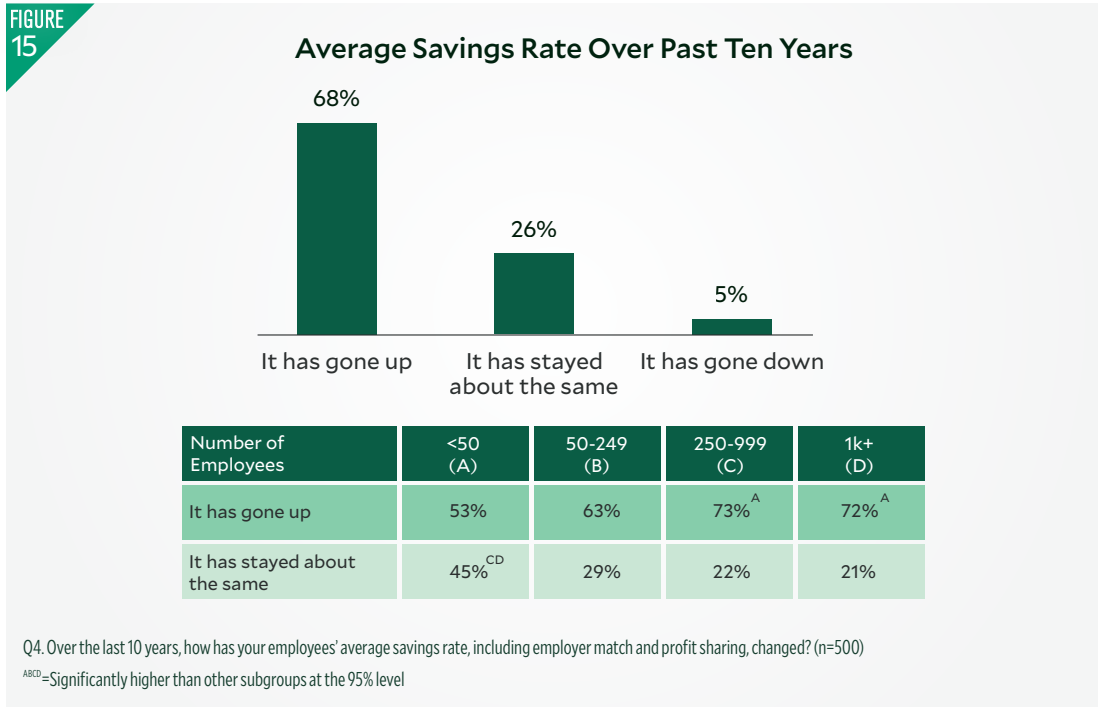
**Despite concerns, nearly six in ten say that average contribution rates have gone up, up from 46% who said the same in 2022. 9 in 10 feel their participants do a good job choosing the right investments.**

- Larger sponsors are more likely to say that average contribution rates have increased over the past two years, while smaller sponsors are more likely to say they’ve stayed the same.



**Two-thirds say that average savings rates, including employer match and profit sharing, have gone up over the past ten years. The average savings rate is between 7.1% and 12%.**

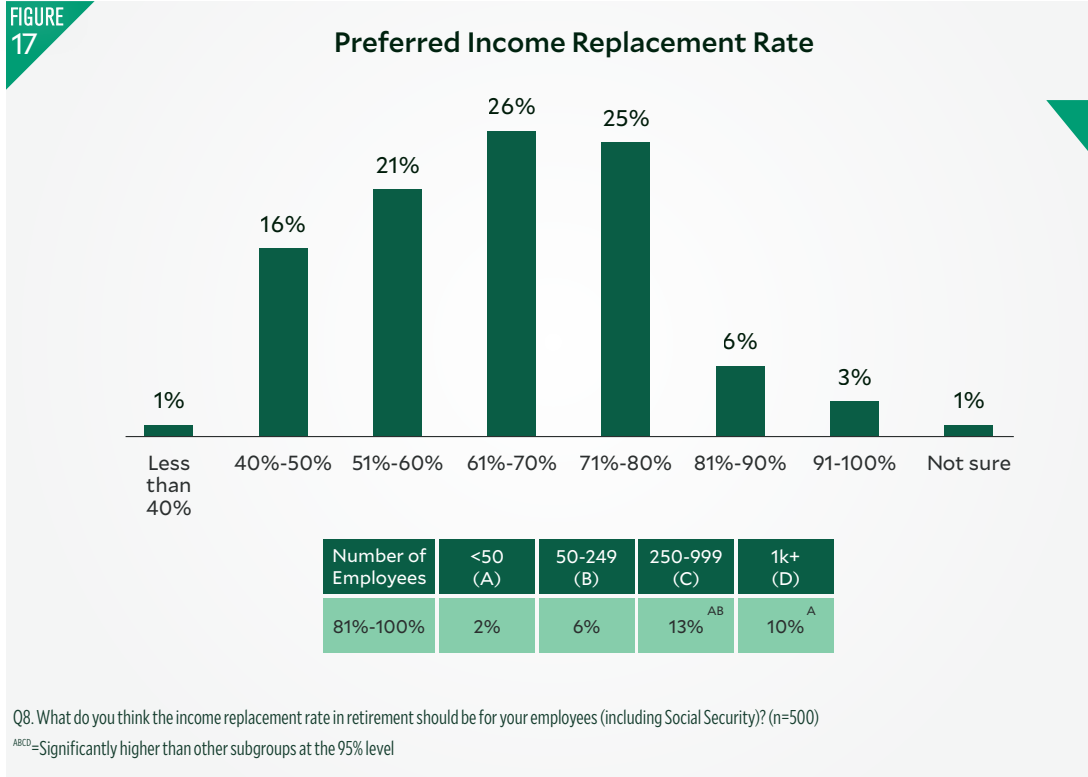
- Larger sponsors are more likely to say that average savings rates have increased over the last ten years, while smaller sponsors are more likely to say they’ve stayed the same.





**Most sponsors believe that the income replacement rate in retirement should be between 51% to 80%.**

- Larger sponsors tend to prefer a higher rate than smaller sponsors.

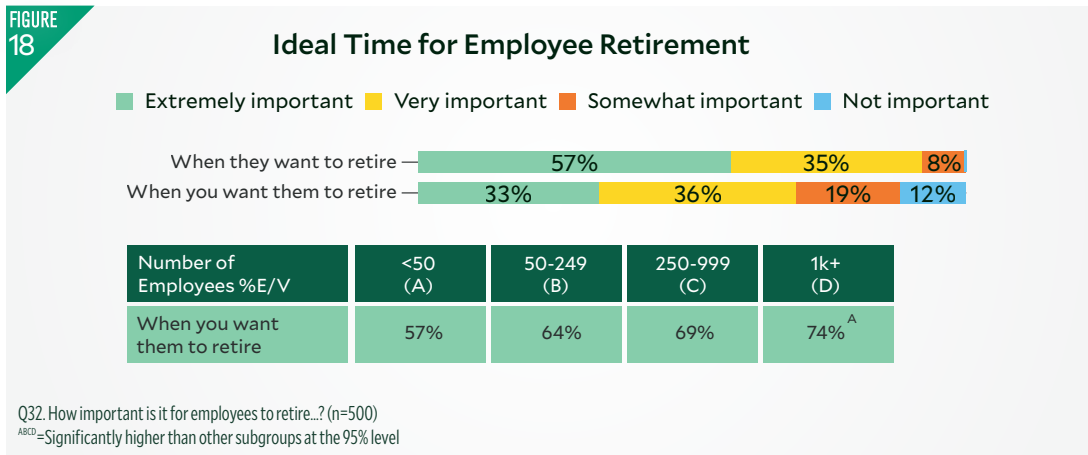


**What do participants say?**

Only four in ten participants want 51% to 80% of their income replaced in retirement to achieve their desired standard of living (17% want 81% to 100%).

**More sponsors say it is important for employees to retire when they want to than when the employer wants them to. Sponsors lean toward believing that it's a good thing when employees delay retirement.**

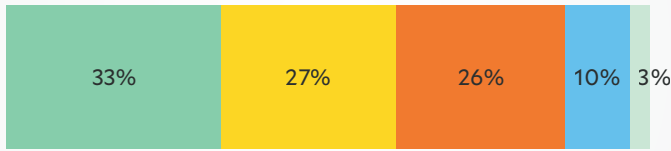
- The largest sponsors find it more important for employees to retire when the employer wants than the smallest sponsors.



**FIGURE 19**

**Perspectives on Employees Delaying Retirement**

This is a good thing. We need the additional help and we value their expertise



This is NOT a good thing. Their productivity is slowing and we need newer/younger talent

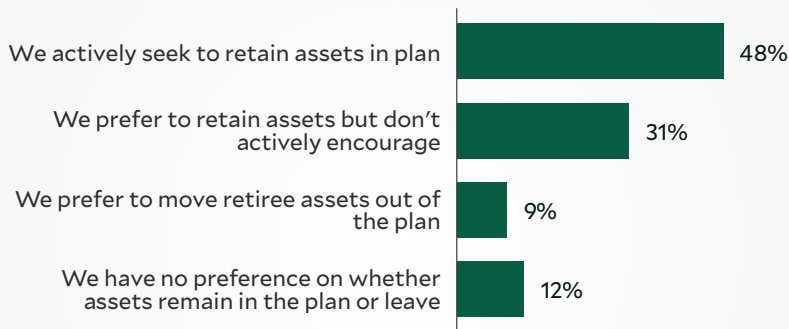
Q33. How do you feel about employees that delay retirement and work longer? (n=500)

**After retirement, nearly half prefer to actively seek to retain retiree assets in the plan. Another three in ten prefer to retain assets but don't actively encourage it.**

- Larger sponsors more often actively seek to retain assets.

**FIGURE 20**

**Preference for Retaining Participant Assets**



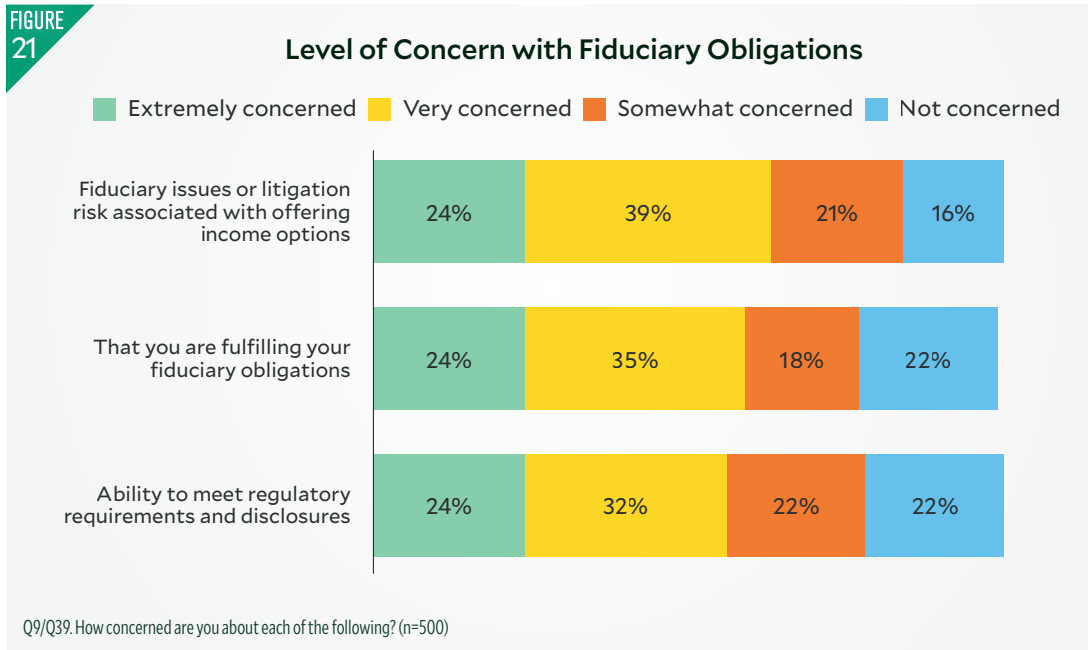
Number of Employees	<50 (A)	50-249 (B)	250-999 (C)	1k+ (D)
We actively seek to retain assets in plan	25%	38%	55% <sup>AB</sup>	56% <sup>AB</sup>
We have no preference on whether assets remain in the plan or leave	22% <sup>D</sup>	14%	11%	8%

Q16. What is your preference on retaining participant assets after their retirement? (n=500)

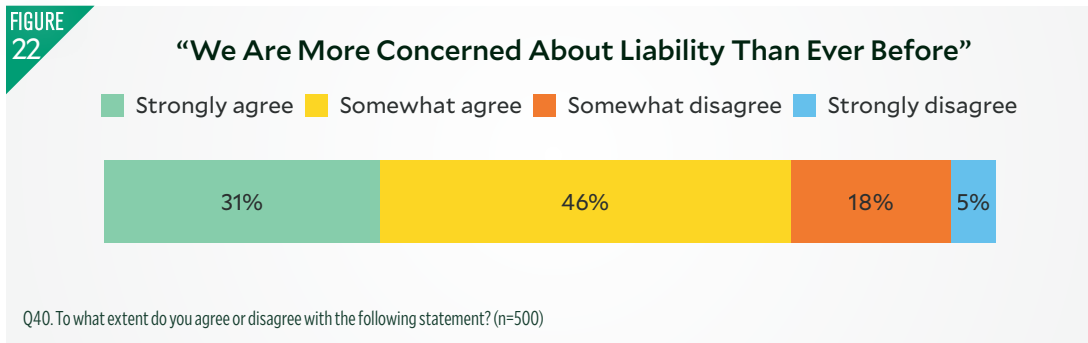
<sup>ABCD</sup>=Significantly higher than other subgroups at the 95% level

## FIDUCIARY CONCERN AND ADVISOR USE

**More than half of sponsors are concerned about meeting their fiduciary and regulatory obligations. Six in ten are concerned about fiduciary or litigation risk associated with offering income options.**

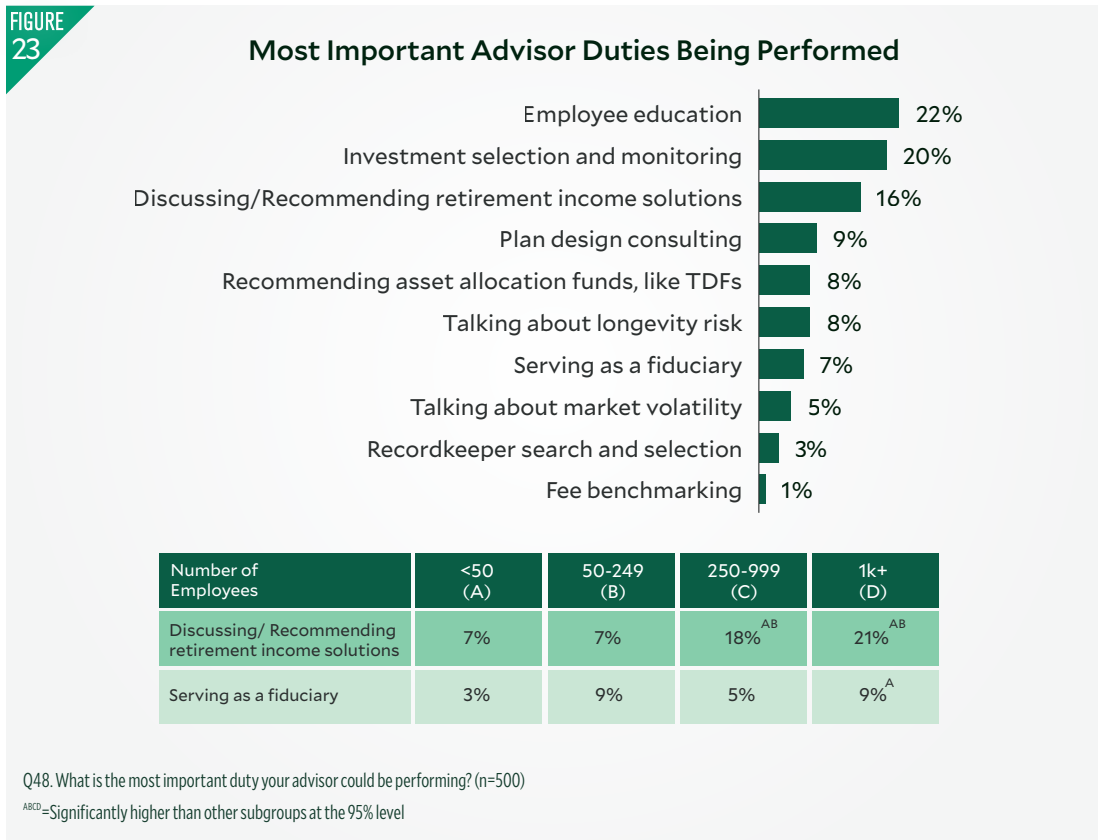


**Three in four are more concerned about liability than ever before, which is comparable to 2022 but up from 63% in 2019.**



**Sponsors feel employee education and investment selection and monitoring are the most important activities for a plan advisor. Serving as a fiduciary ranks as only the 7th most important.**

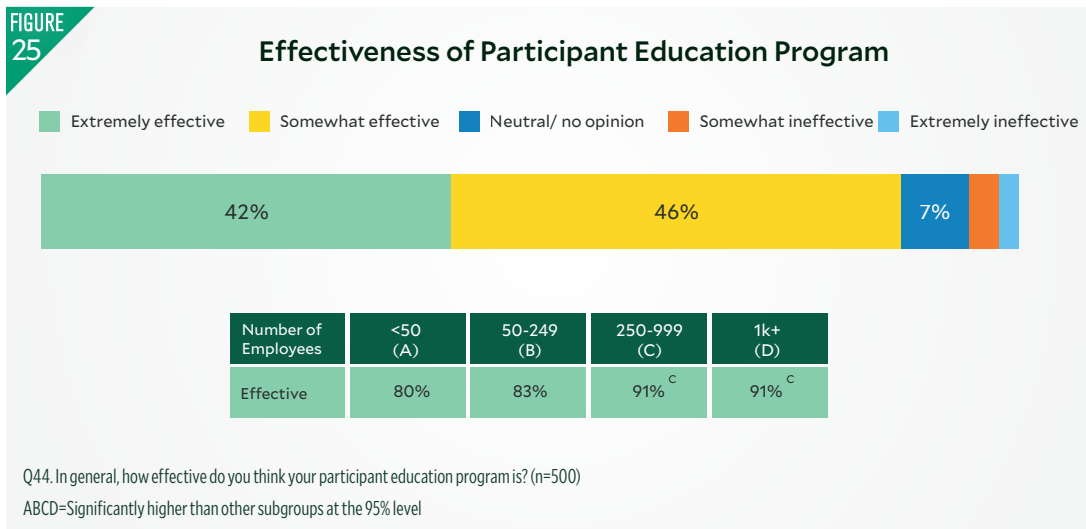
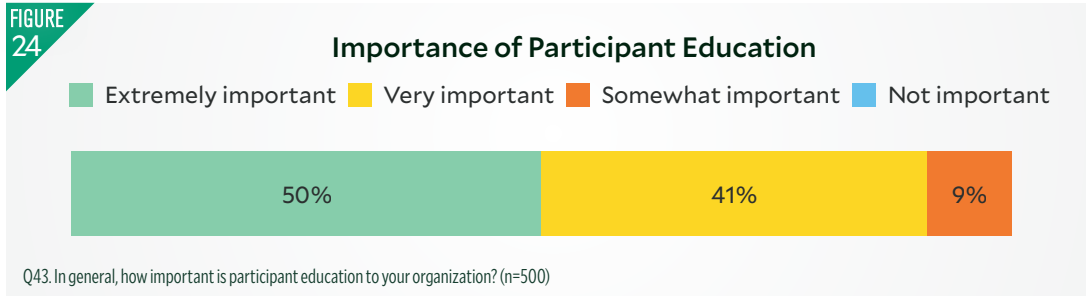
- Larger sponsors are more likely to say discussing/recommending retirement income solutions is the most important.



# PARTICIPATION EDUCATION

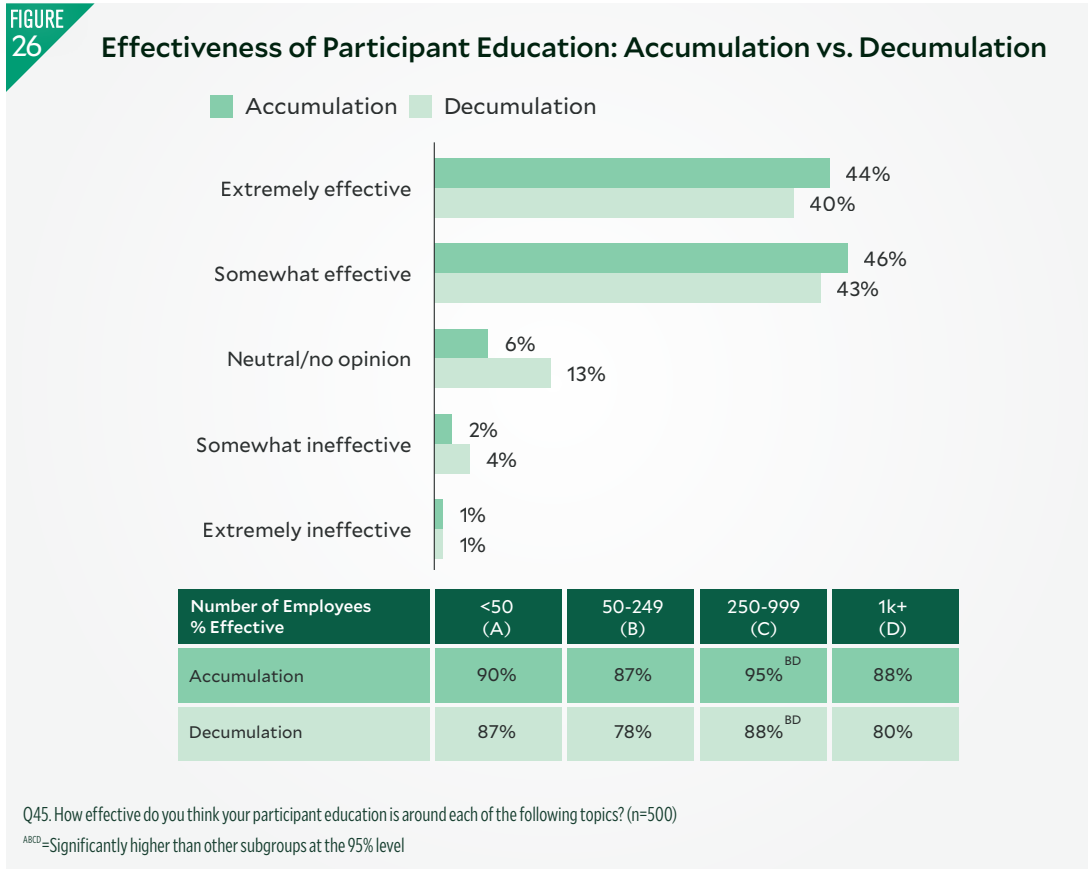
**Half of sponsors say participant education is extremely important. The effectiveness of participant education lags importance with only 42% calling it extremely effective.**

- Larger sponsors (250+ employees) tend to think participant education is more effective than smaller sponsors.



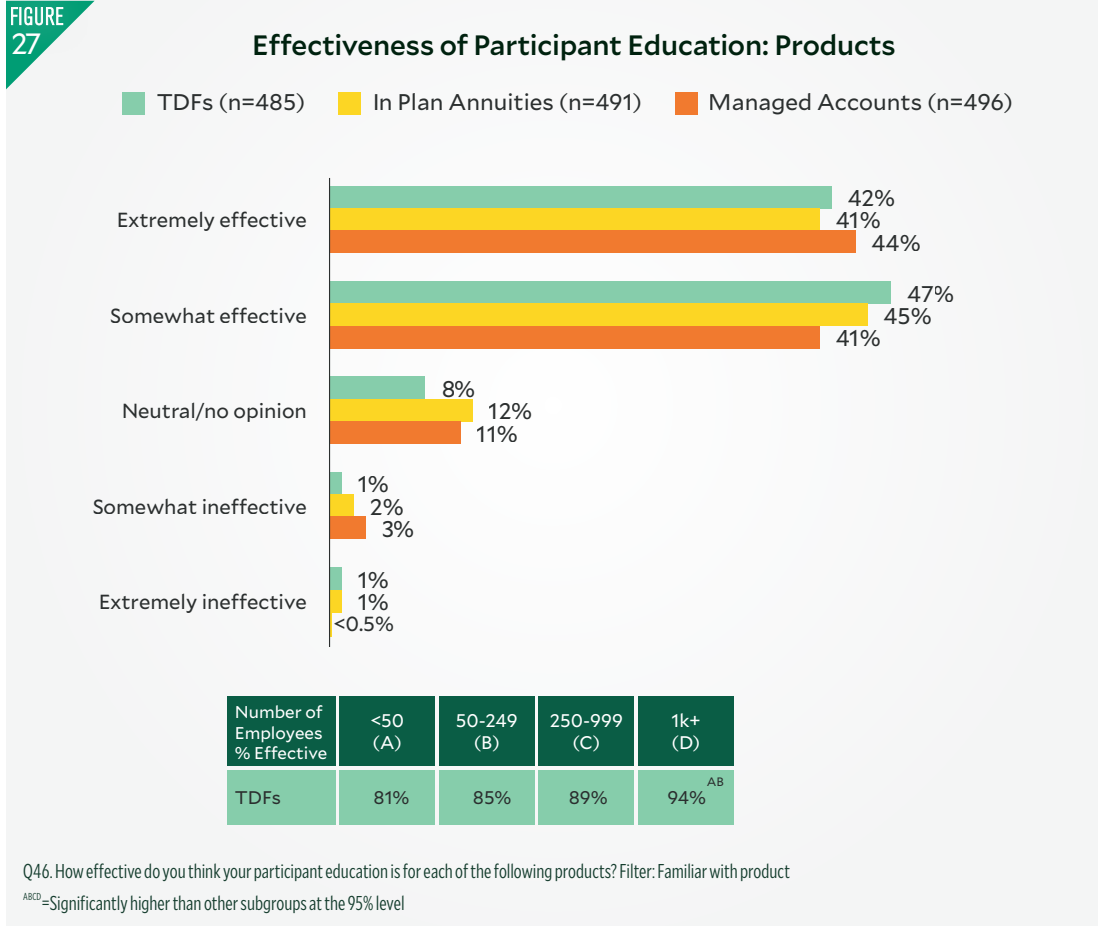
**Participant education on accumulation is more effective than decumulation.**

- Nine in ten feel their education on accumulation is effective; Eight in ten feel the same about decumulation.
- Mid-to-large sponsors (250-999 employees) report the highest effectiveness.



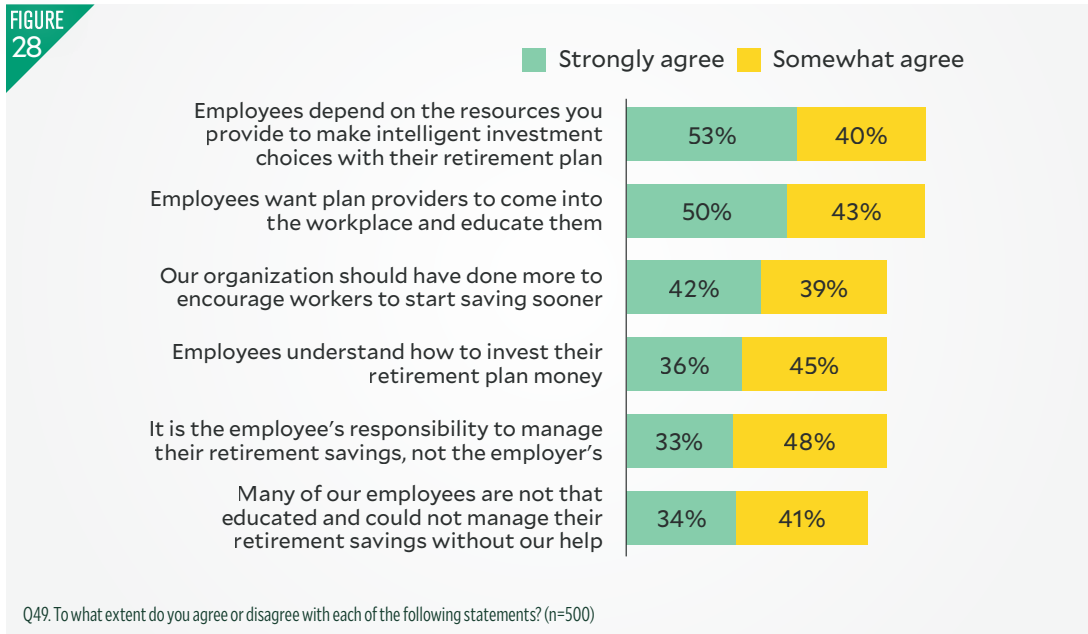
**About nine in ten believe their education on TDFs, in-plan annuities, and managed accounts is effective.**

- The largest sponsors are more likely to feel their education on TDFs is effective.



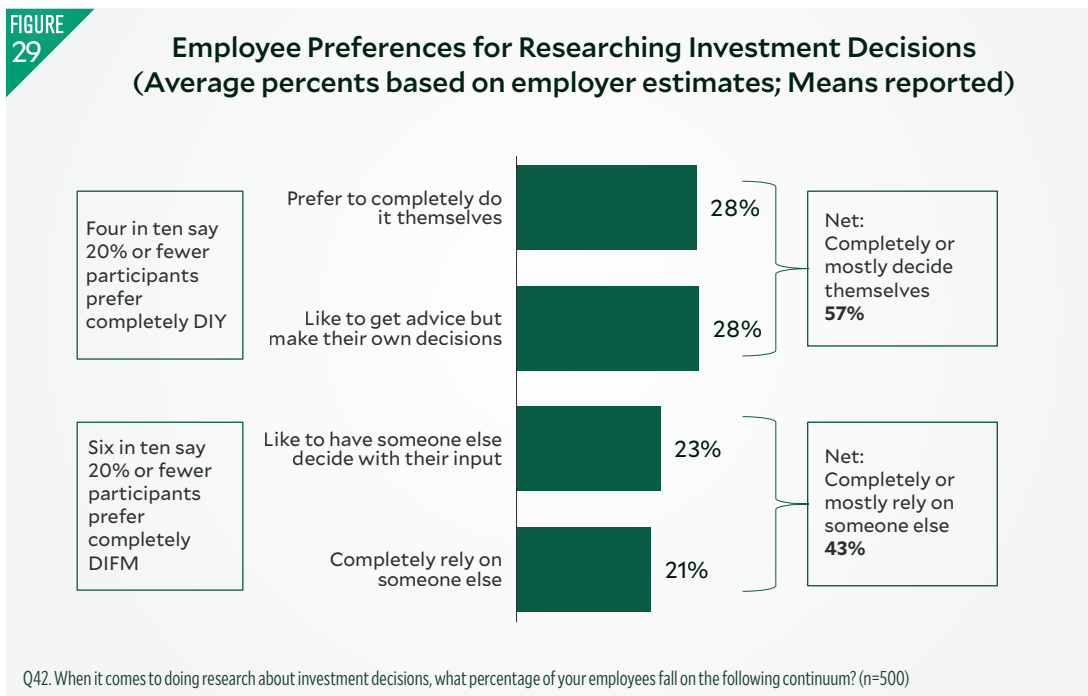
**The consensus is that employees depend on assistance from both their employer and plan providers regarding retirement education.**

- However, roughly three in four sponsors feel that their employees are not educated enough and that their organization should have done more to encourage saving sooner.



**More than half of sponsors believe their employees prefer a more DIY approach to plan investment decisions.**

- Fewer feel employees prefer to completely do it themselves than in 2022 (28% vs. 32%), while more feel employees completely rely on someone else (21% vs. 18%).

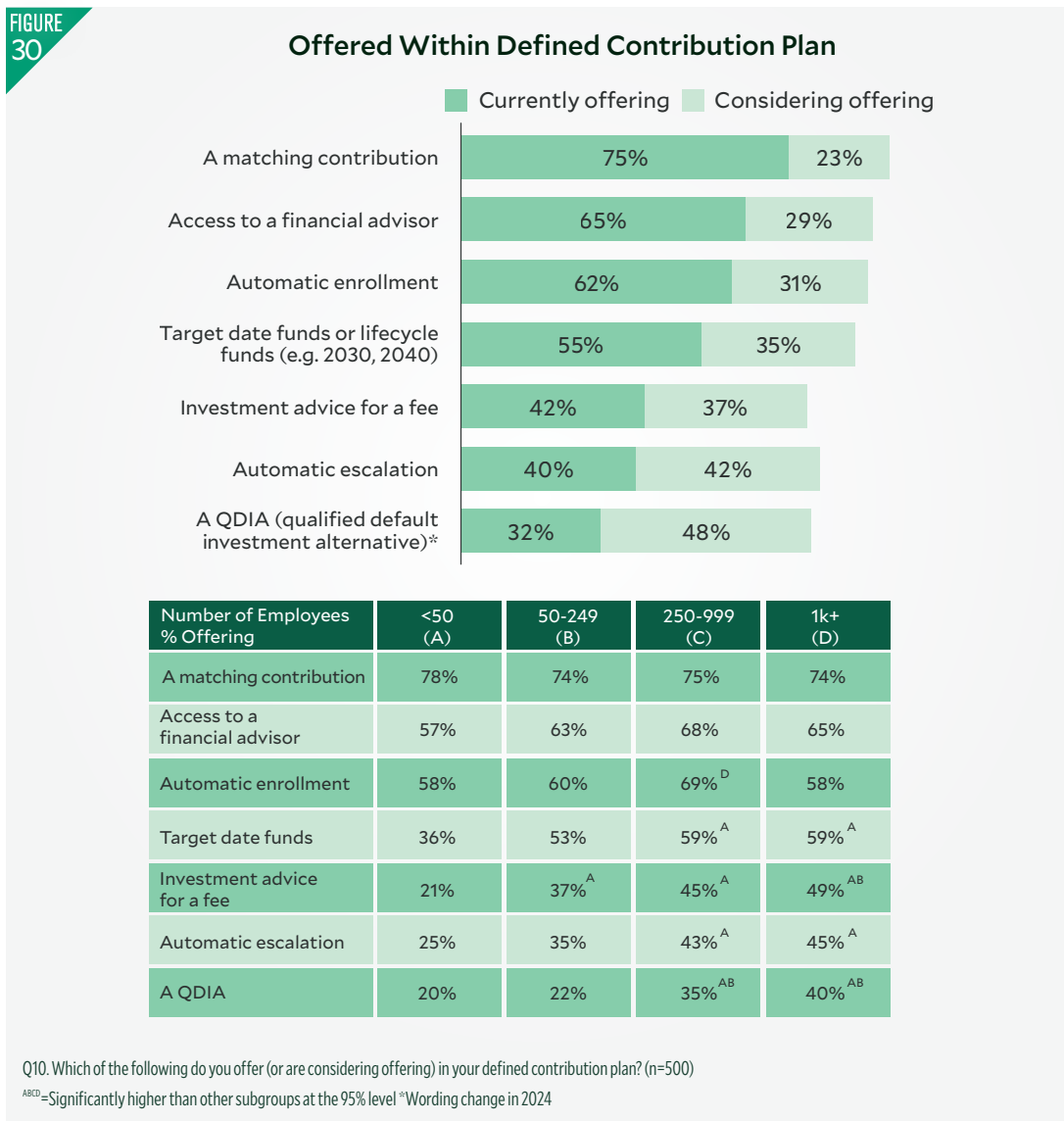




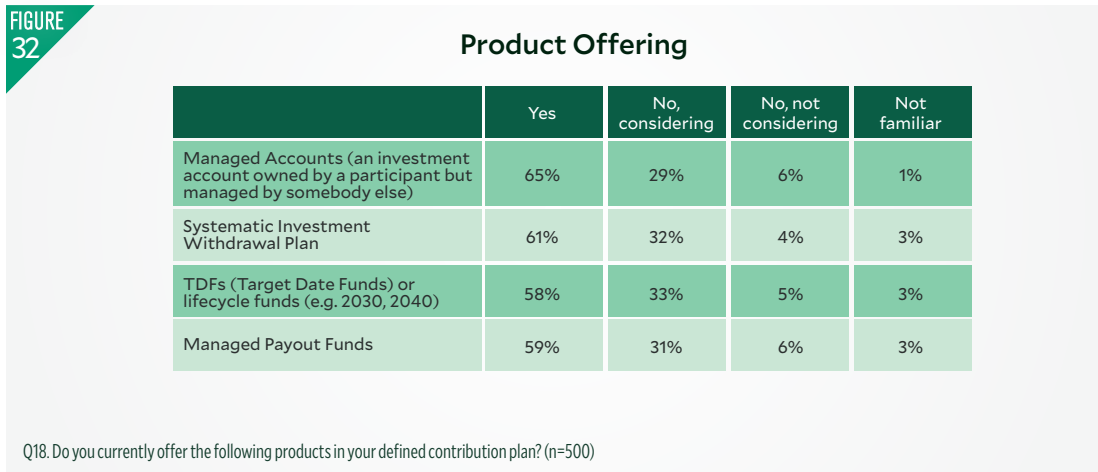
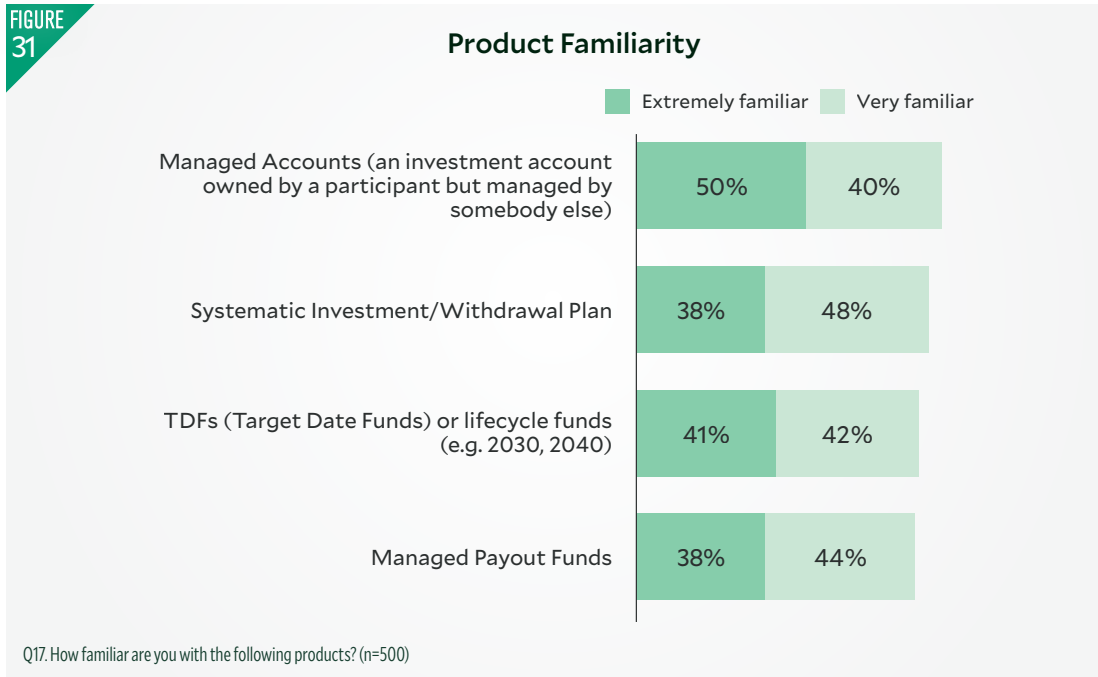
## PLAN DESIGN AND OFFERINGS

**Three in four report offering a matching contribution and two in three provide access to financial advice.**

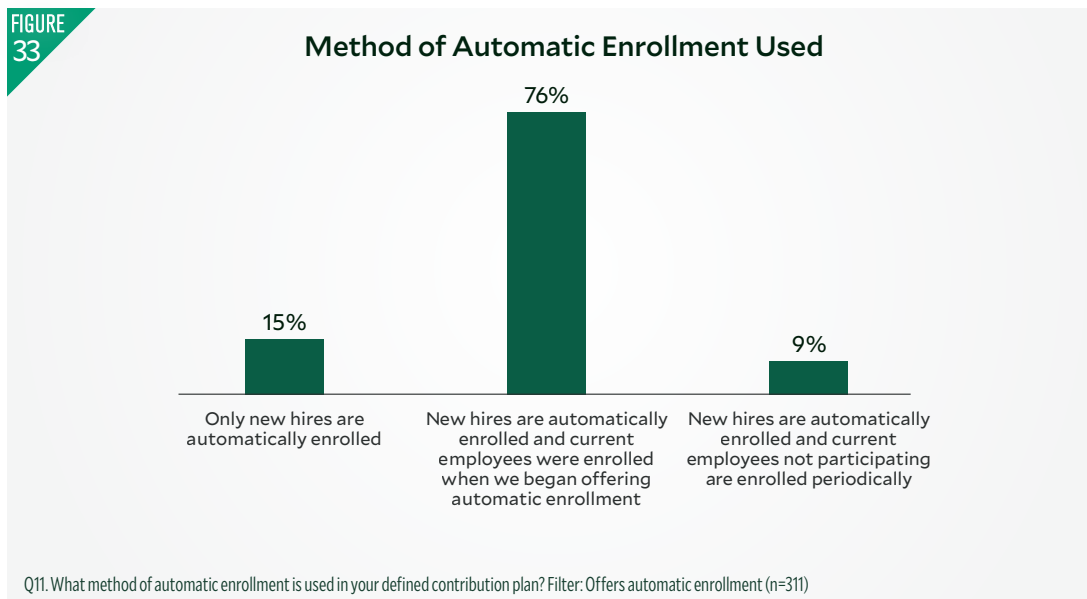
- Larger sponsors are more likely to offer Target Date Fund options, investment advice for a fee, automatic escalation, and a QDIA.
- Compared to 2022, more offer a matching contribution (75% vs. 63%) and automatic enrollment (62% vs. 51%).



**Most sponsors claim to be familiar with managed accounts and 83% are familiar with TDFs. Nearly all either offer or are considering offering these products.**



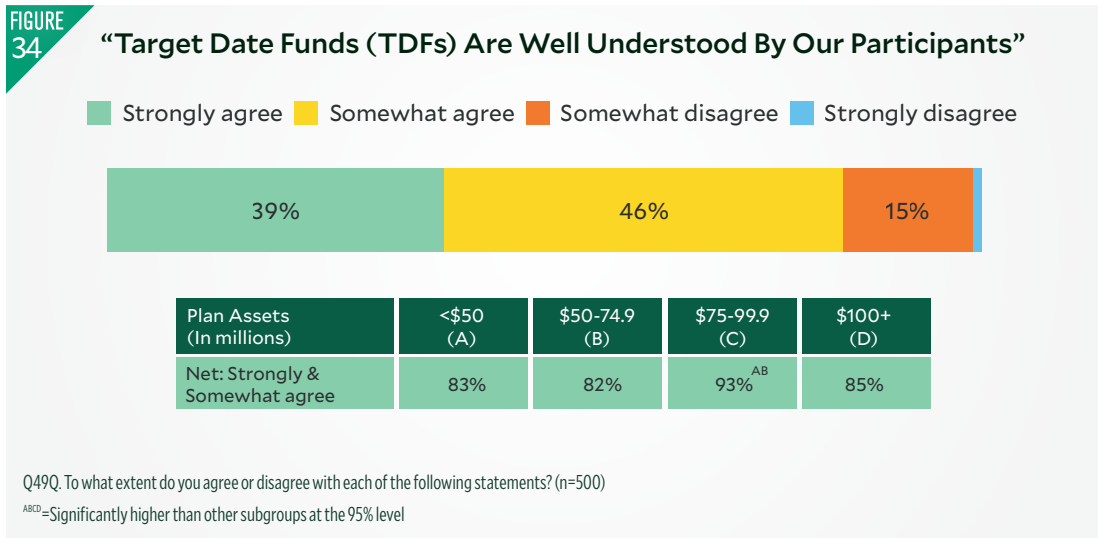
**Of those with automatic enrollment, three in four automatically enroll both new hires and those already enrolled.**



## TARGET DATE FUNDS AND RISK TOLERANCE

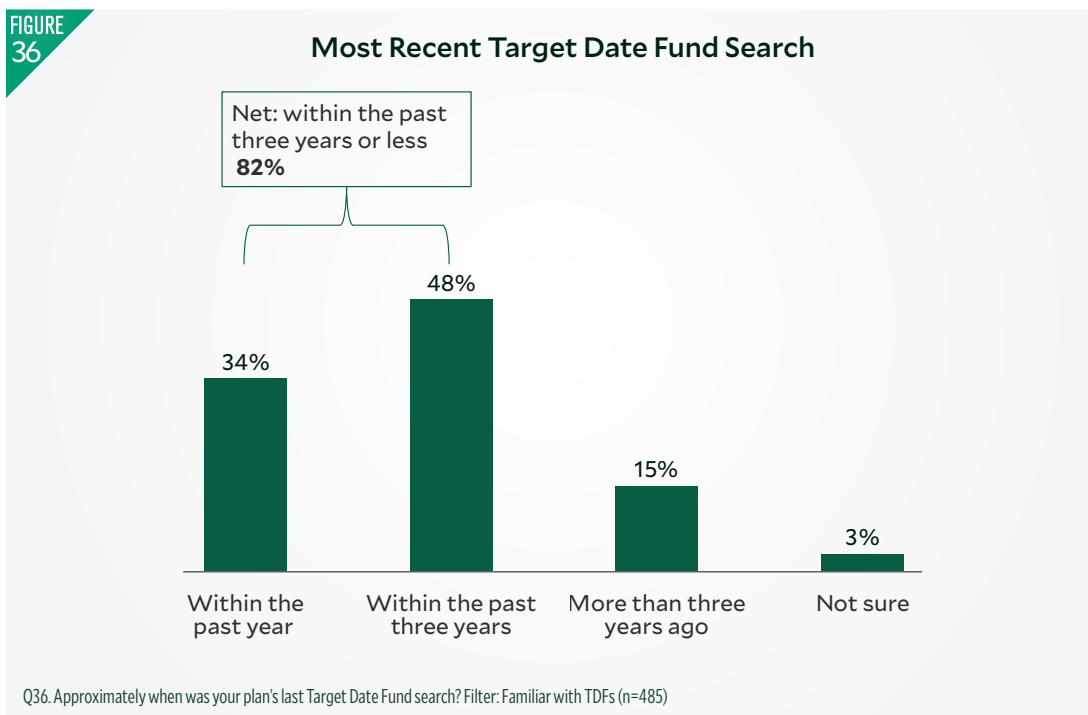
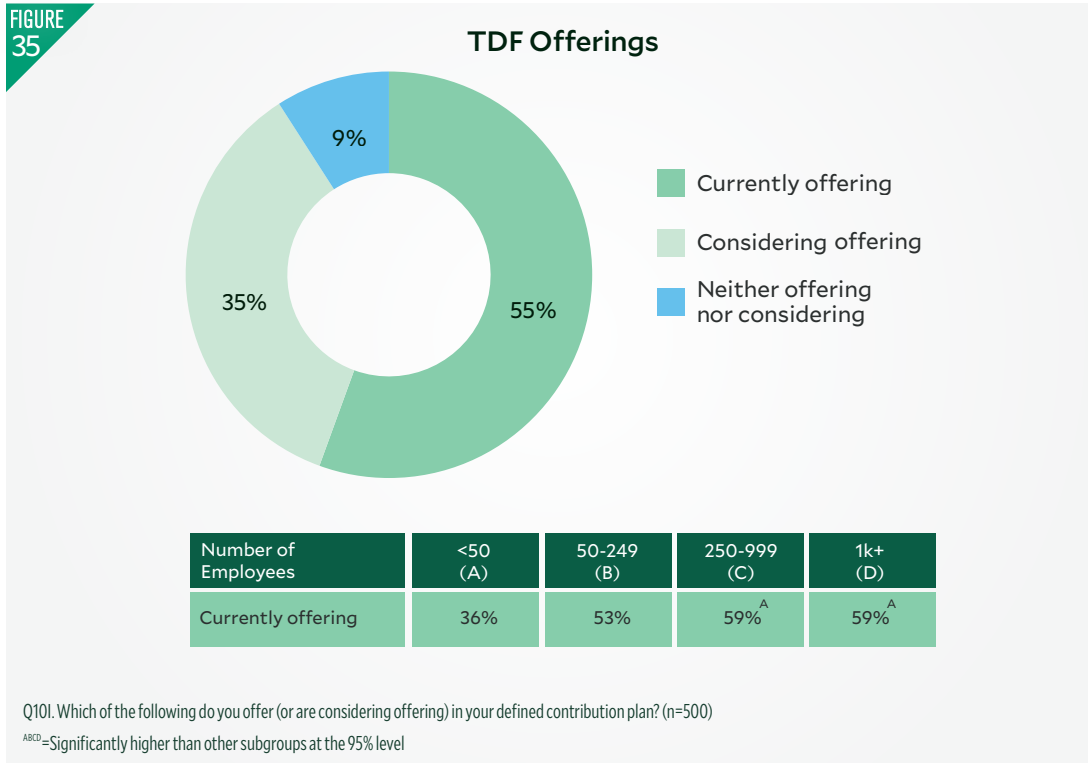
**Sponsors feel that their participants generally understand Target Date Funds, though about one in six disagree.**

- While there are no differences by number of employees, there are some by plan assets. Those with mid-to-high levels of plan assets (\$75-99.9M) feel that their participants have a stronger understanding of TDFs than those with less (<\$75M).



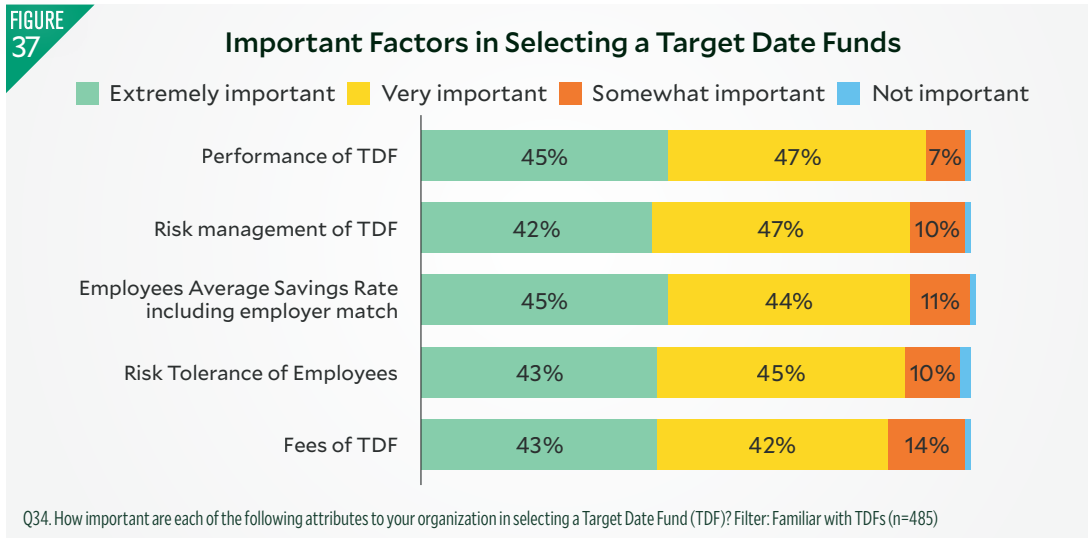
**Just over half of sponsors offer TDFs in their plan and about eight in ten have conducted a TDF search within the past three years.**

- Larger sponsors are more likely to offer TDFs than smaller sponsors.

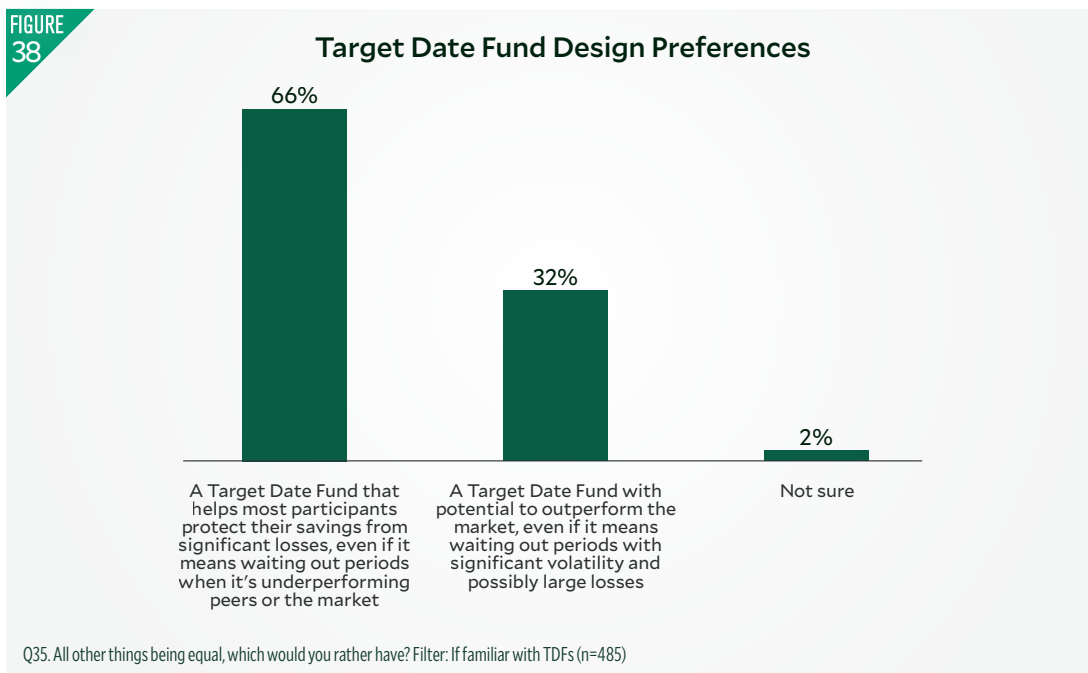


**Performance is cited as the most important attribute when selecting a TDF. Risk management, savings rate, risk tolerance of employees, and fees are all important as well.**

- Those with 250-999 employees are more likely to cite risk management as an important attribute compared to those with 50-249 employees.

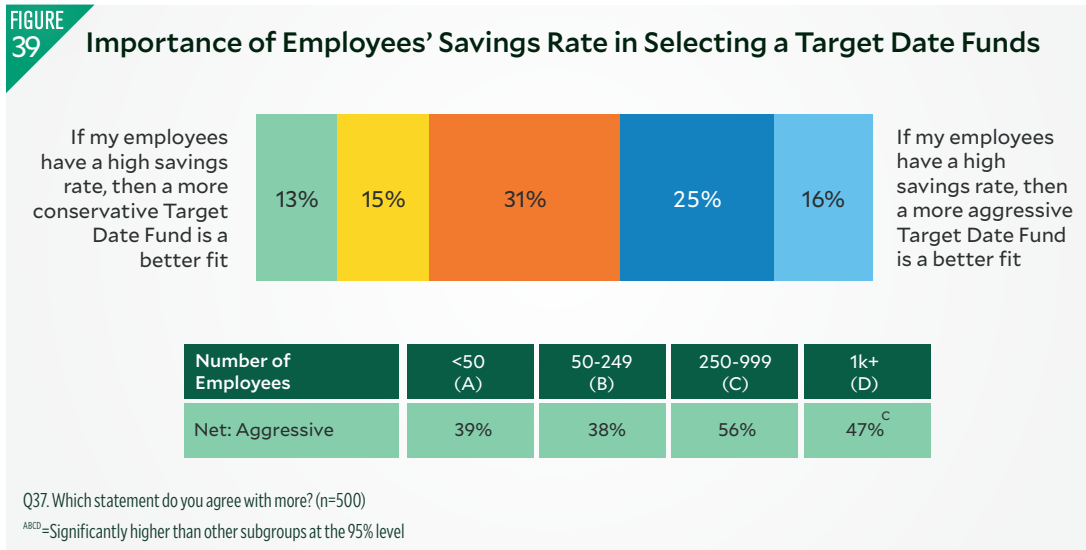


**All else being equal, two in three say they would prefer a TDF which protects participants from significant losses over the potential to outperform the market, which risks volatility and losses.**



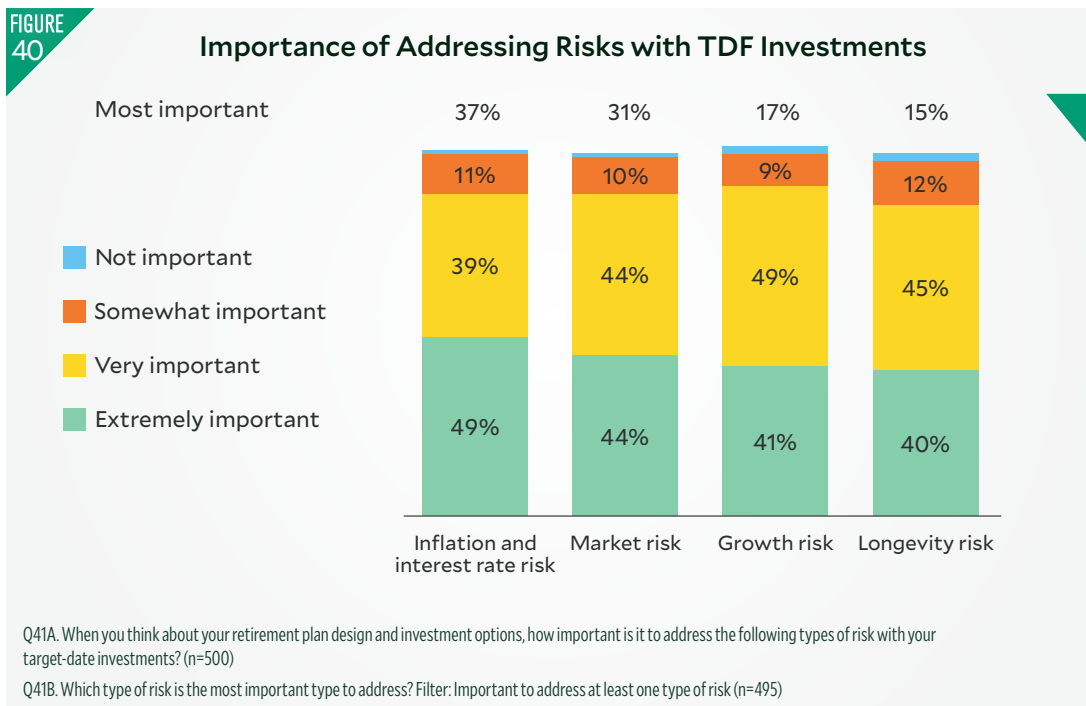
**Sponsors tend to think a more aggressive TDF is a better fit than a conservative one for employees with a high savings rate. Three in ten land in the middle.**

- The largest sponsors (1,000+ employees) are most likely to say an aggressive TDF is the better fit.



**Inflation and interest rate risk is the most important type of risk to address with Target Date Fund investments, followed by market risk.**

- Fewer think growth risk is the most important compared to 2022 (17% vs. 22%) and more think longevity risk is (15% vs. 8%).

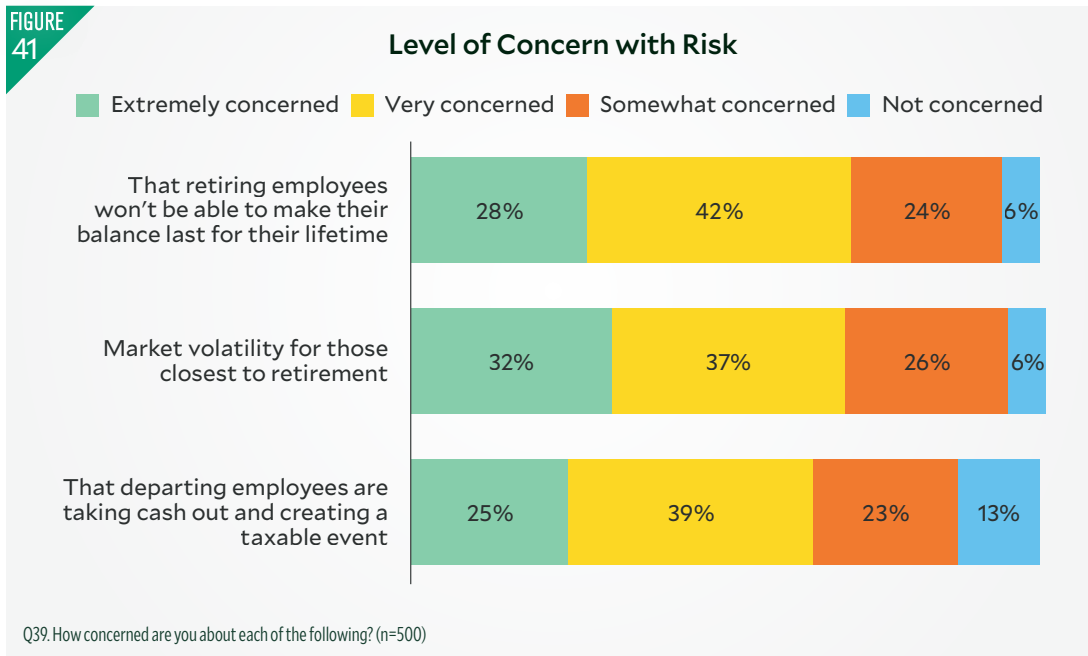


**What do participants say?**

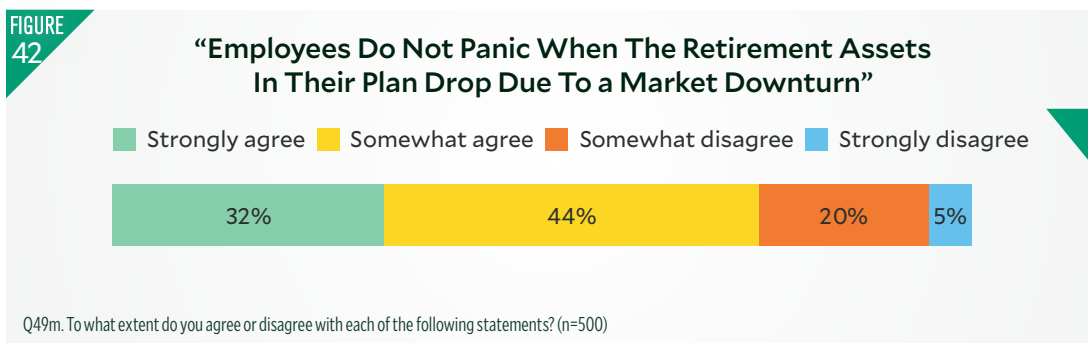
Longevity risk and market risk are tied for the 2nd most concerning risk among participants.

**Roughly two in three are highly concerned about retirees making their balance last a lifetime, market volatility for near-retirees, and departing employees cashing out and creating a taxable event.**

- More are concerned than in 2022 that retiring employees will be unable to make their balance last (70% vs. 64%) and that departing employees are taking cash out and creating a taxable event (64% vs. 58%).



**However, three in four believe their employees do not panic when the retirement assets in the plan drop due to a market downturn.**



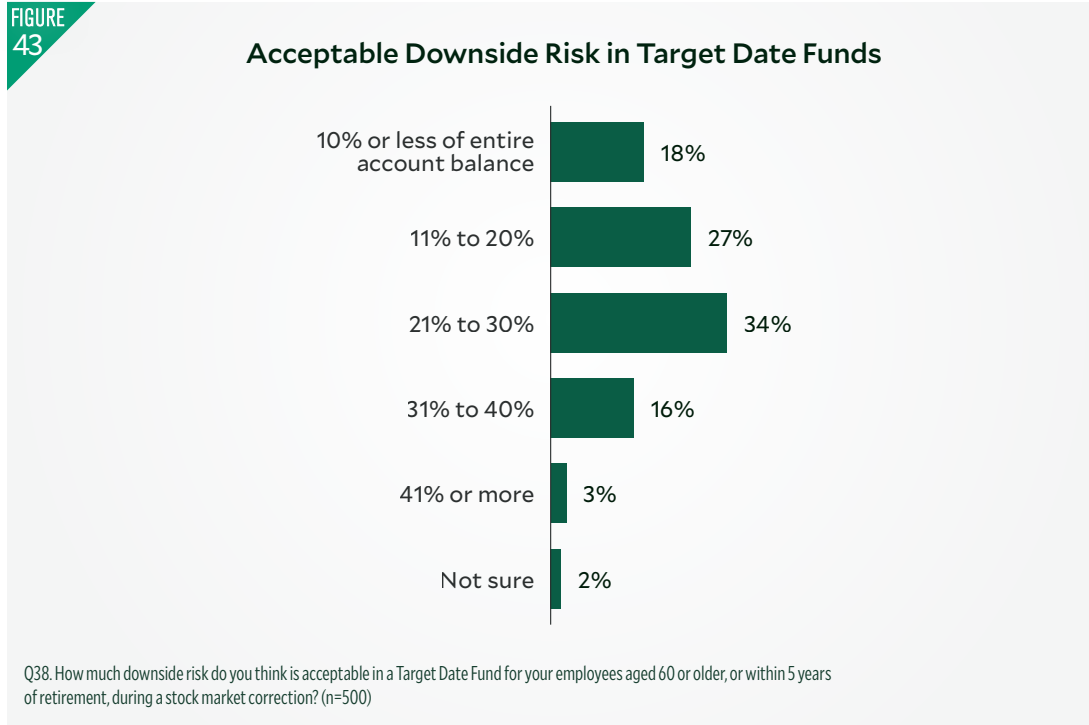
**What do participants say?**

63% of participants agree that when their account balance goes down, they feel confident it will go back up.



**During a stock market correction, eight in ten believe no more than 30% is an acceptable downside risk in a Target Date Fund for employees close to retirement.**

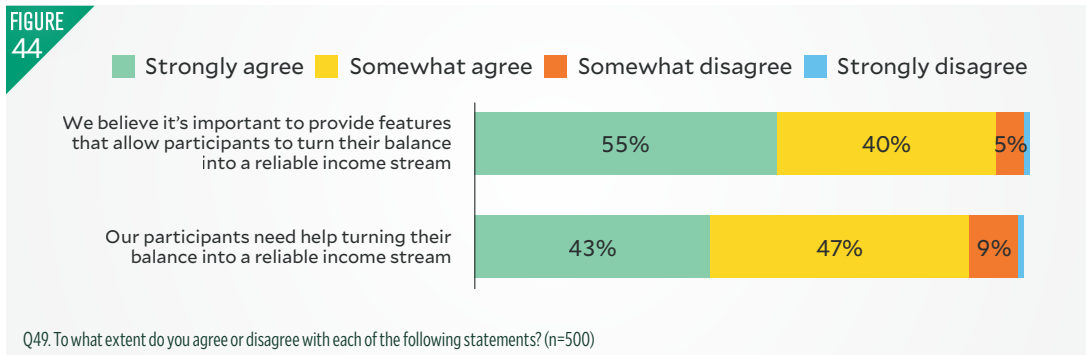
- Two in ten believe 10% or less is acceptable.



## RETIREMENT INCOME

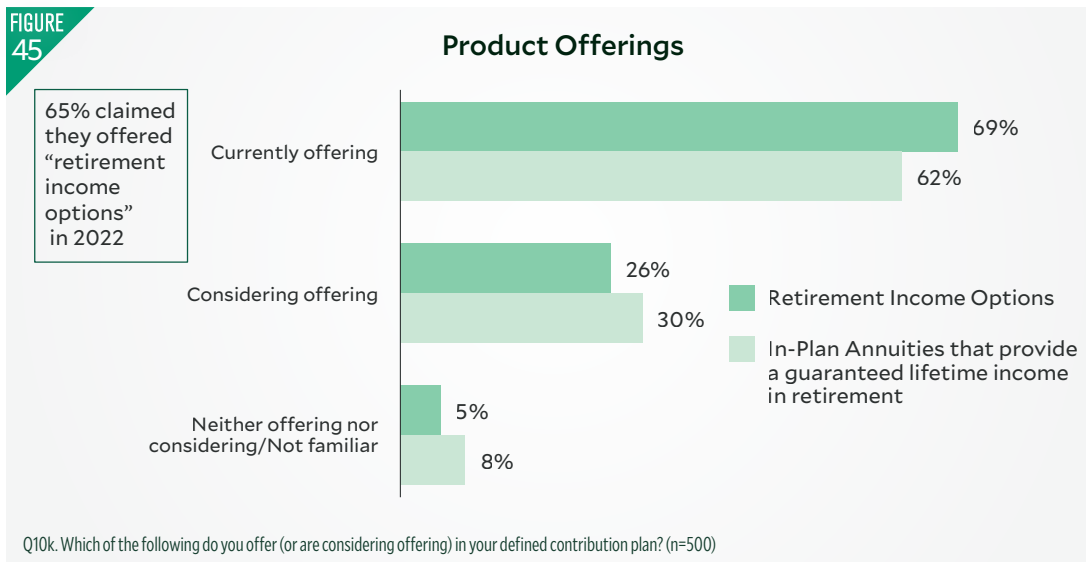
**Over nine in ten sponsors agree that it's important to provide features that allow employees to turn their balance into a reliable income stream when they retire.**

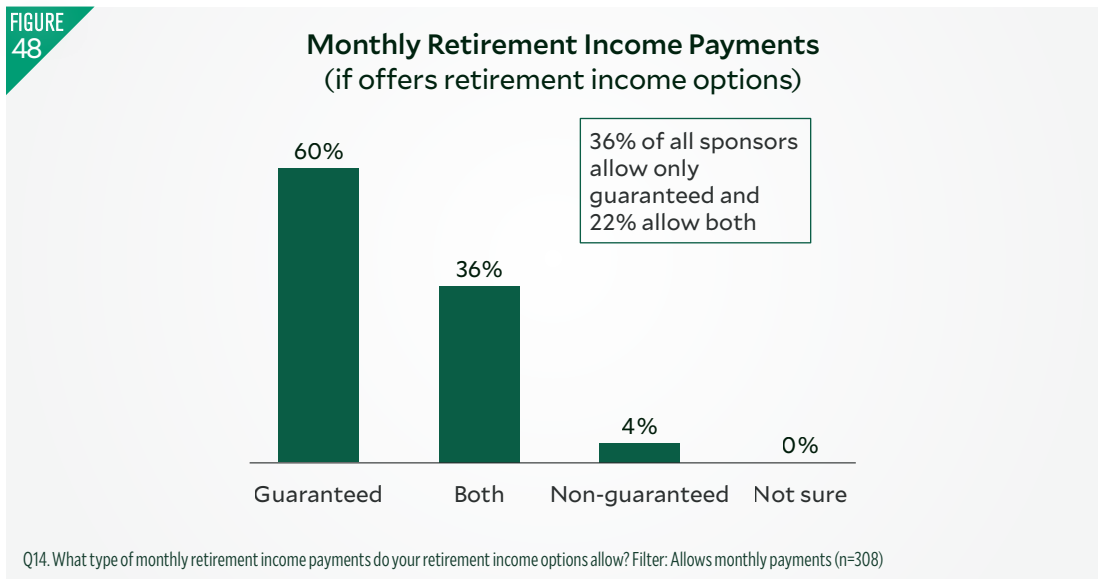
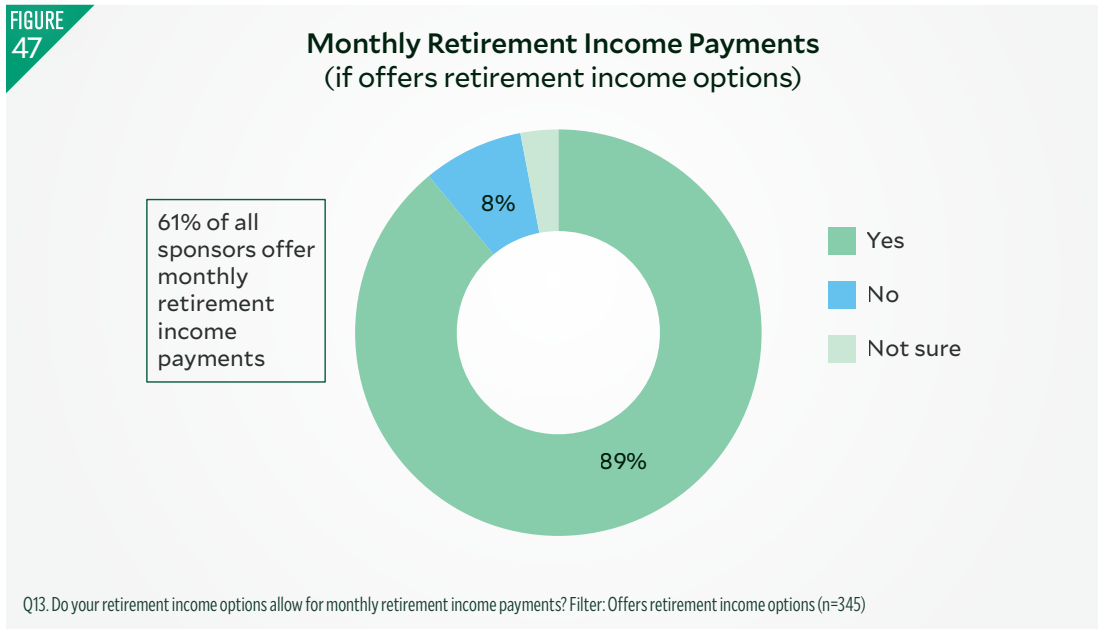
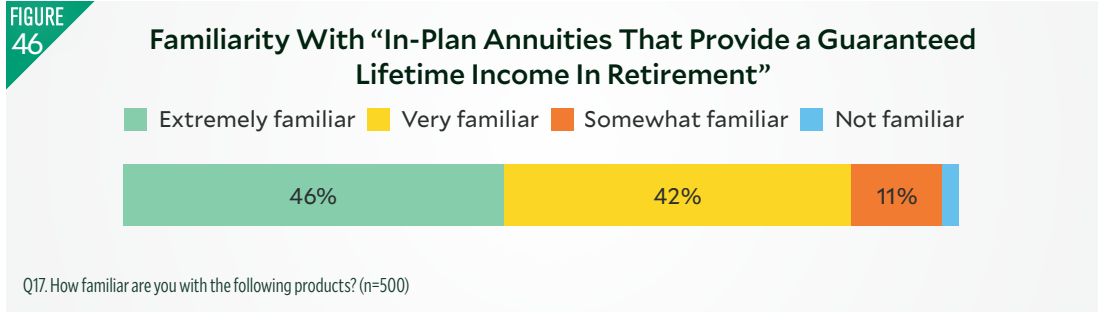
- In addition, 90% agree that their participants need help turning their balance into a reliable income stream.



**Seven in ten sponsors claim to offer retirement income options and 62% for in-plan annuities. Though most say they are familiar with in-plan annuities, these high numbers suggest a lack of understanding.**

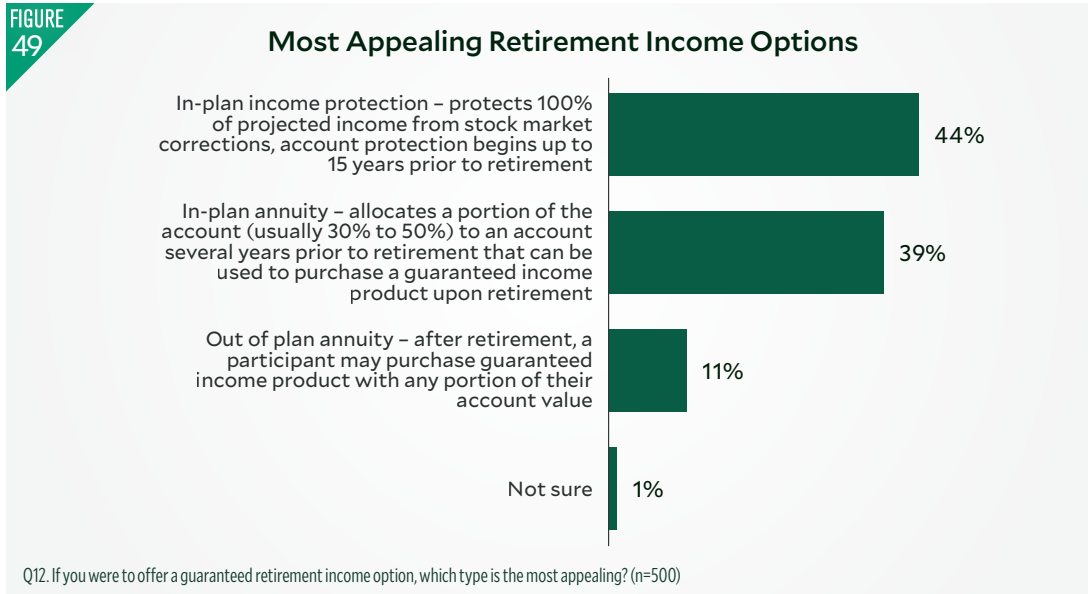
- More say they allow guaranteed retirement income payments than non-guaranteed, though some allow both.





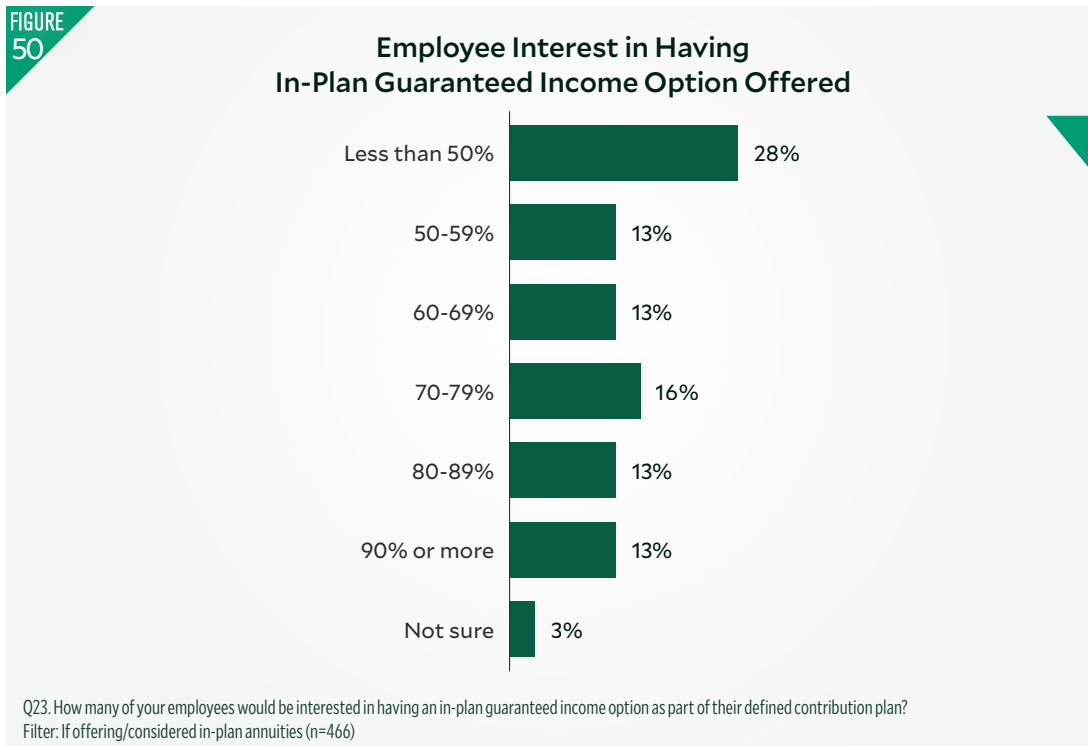
**When considering guaranteed retirement income options, sponsors' preference is split between 100% income protection versus allocation to an in-plan annuity.**

- Few prefer an out of plan annuity.



**Sponsors believe employee interest in in-plan income options is high, with nearly seven in ten saying at least half are interested.**

- Essentially all sponsors say there is some of level of interest amongst their employees, with no one saying none would be interested.

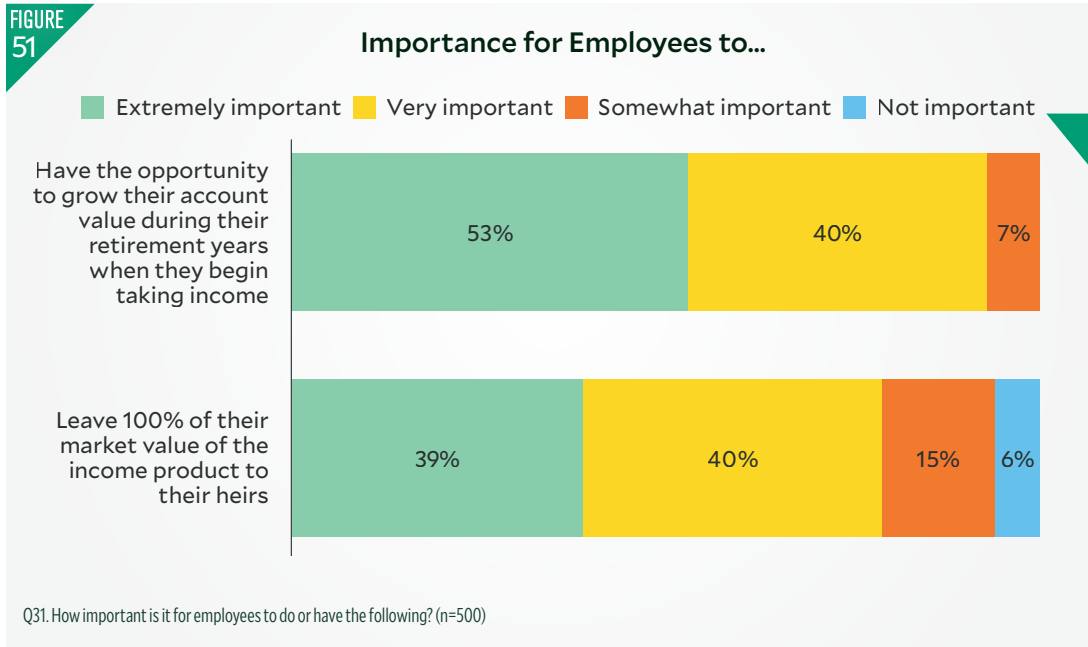


**What do participants say?**

60% of participants express interest.

**Half say it's extremely important for their employees to have the opportunity to grow their account value during their retirement years when they begin taking income.**

- Four in ten say the ability for employees to leave 100% of their market value of the income product to their heirs is extremely important.

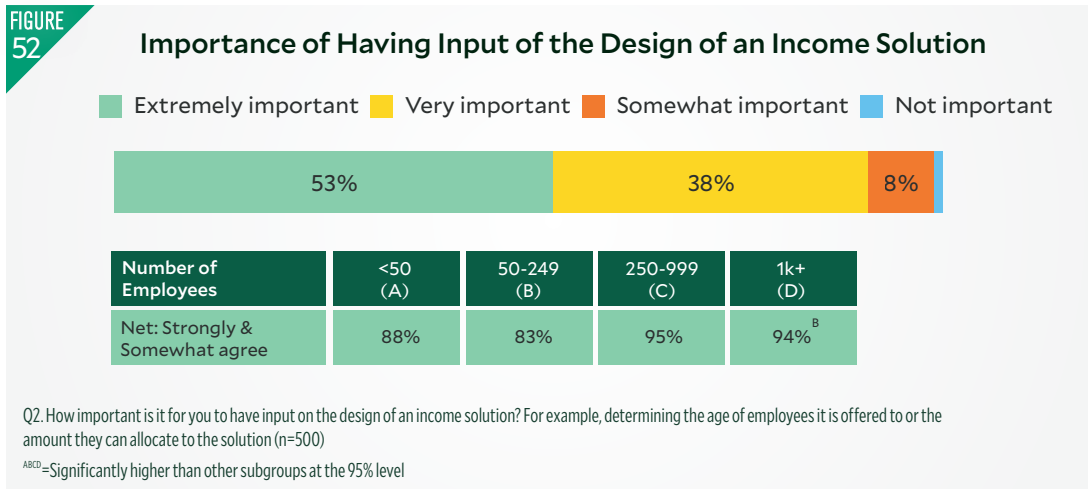


**What do participants say?**

Participants are less likely to consider these important (83% the opportunity to grow; 56% leave value to heirs).

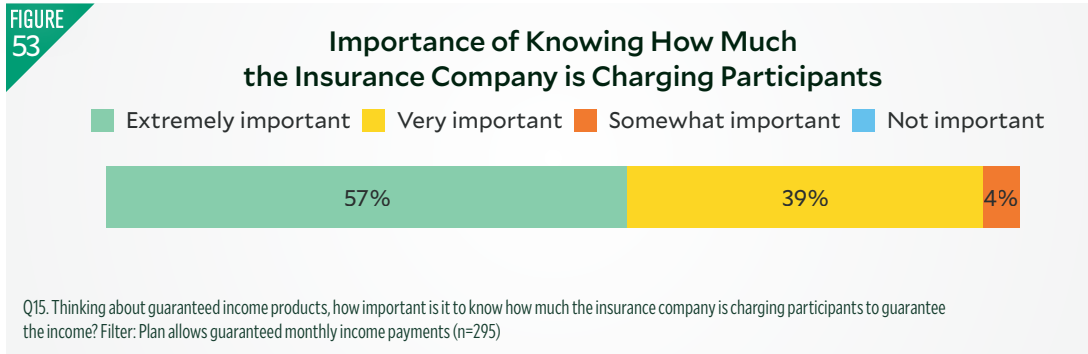
**Nearly all sponsors agree that it's important to provide input on the design of an income solution for their employees, including half who find it extremely important.**

- Larger sponsors tend to find it more important than smaller sponsors.

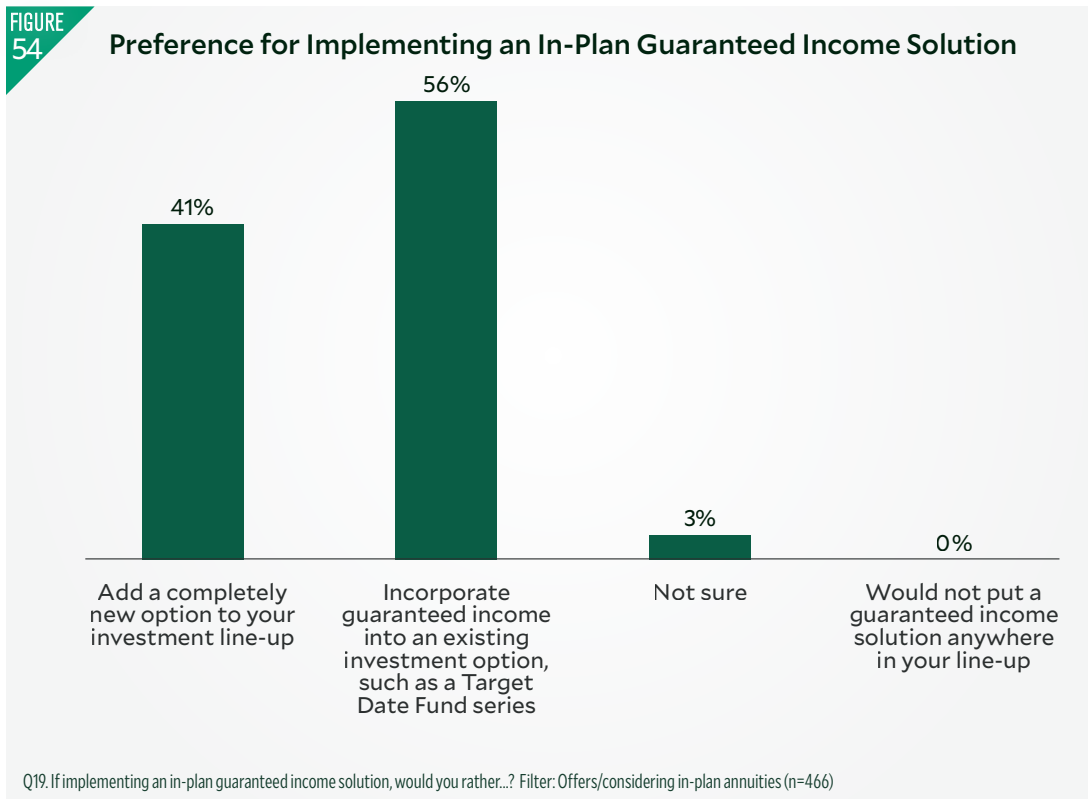


**For those offering guaranteed income products, nearly six in ten agree that it’s extremely important to know how much the insurance company is charging participants to guarantee the income.**

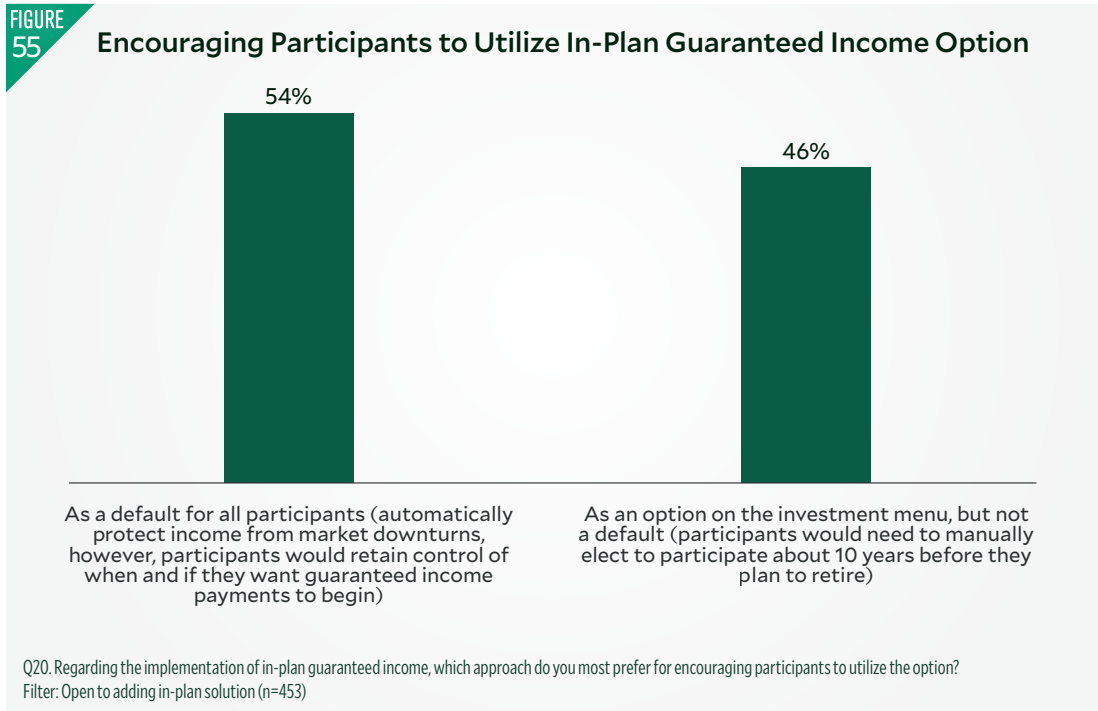
- Another four in ten find it somewhat important; No sponsors say it’s not important.



**Among those offering or considering in-plan annuities, more than half would rather incorporate guaranteed income into an existing investment option than add a new option.**

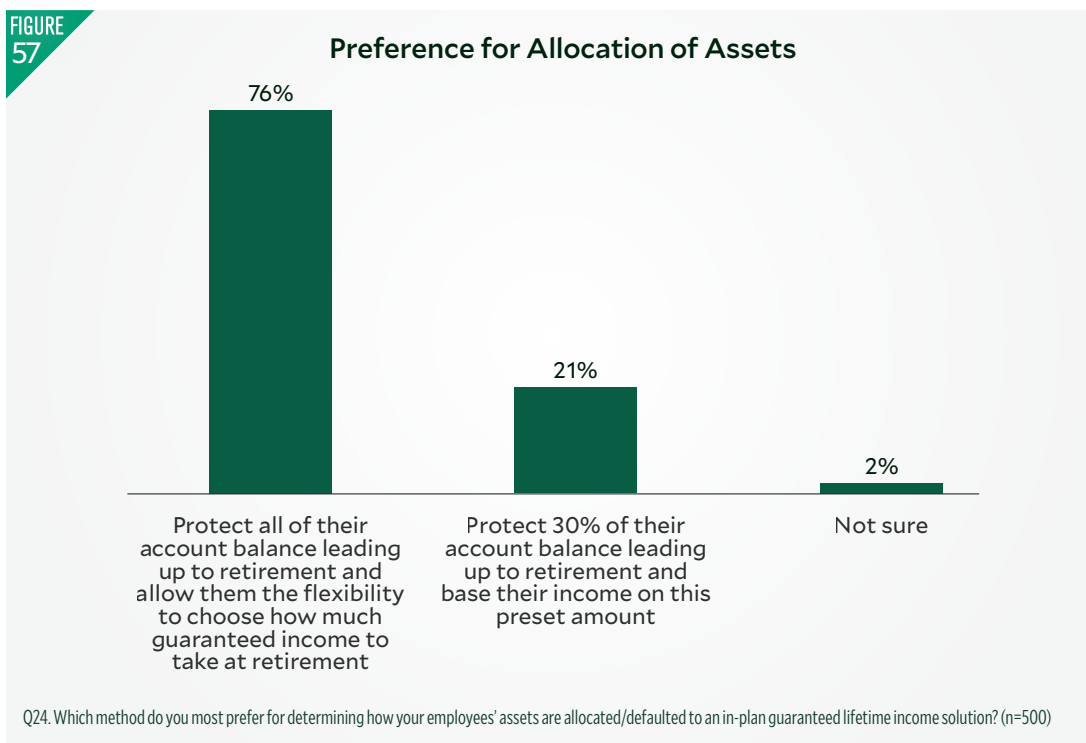
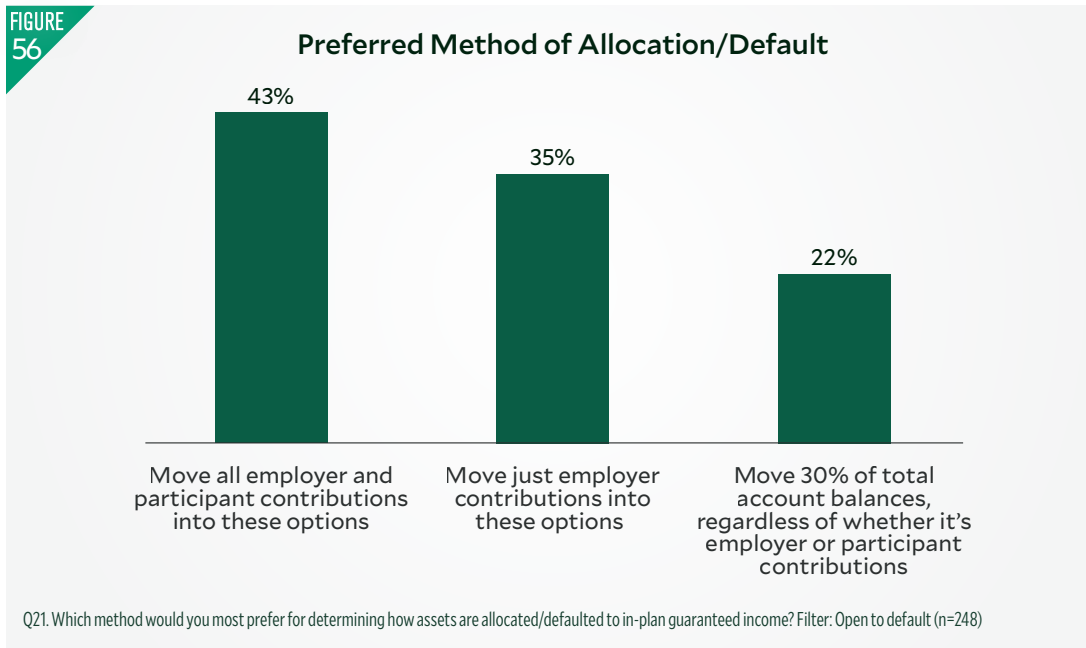


**Sponsors are split on how to encourage participants to utilize an in-plan guaranteed income option, with 54% preferring the implementation be the default.**



**Sponsors are also split on preferred method for determining how assets are allocated to in-plan guaranteed income; four in ten prefer moving all contributions into these options and one-third prefer moving only employer contributions.**

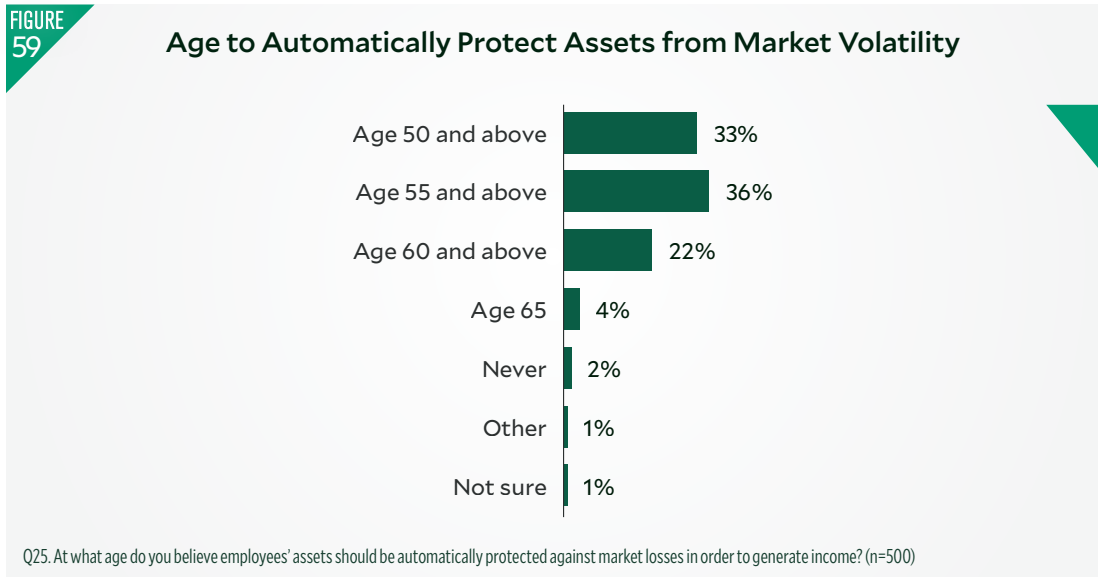
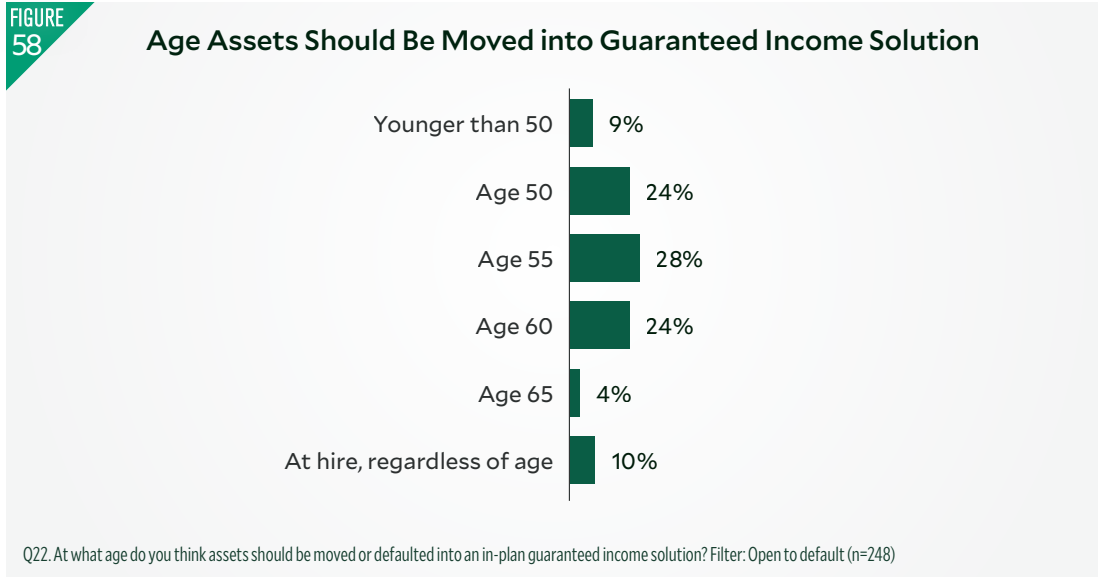
- Three in four prefer to protect all of their employees’ balance leading up to retirement and allowing them flexibility to choose how much guaranteed income to take at retirement rather than protecting less and basing their income on a preset amount.





**About half believe assets should be moved into these solutions between the ages of 55 and 60. One in ten say it should be at hire, regardless of age.**

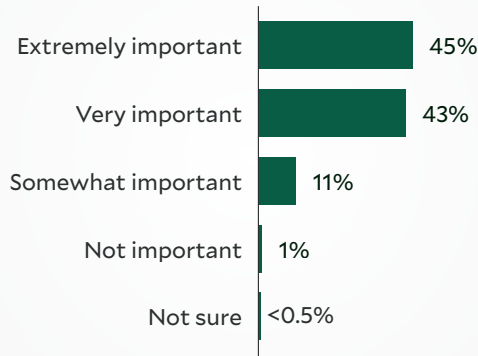
- Nearly seven in ten think assets should be automatically protected from market volatility starting at age 50 or 55.



**What do participants say?**  
 15% of participants think this protection should start at age 65.

**Nearly all say it's very or extremely important for their employees to maintain 100% control and flexibility of their retirement account after they retire.**

**FIGURE 60** Importance of Maintaining 100% Control of Account After Retirement



Q30. After they retire and begin taking income from their workplace retirement savings account, how important do you think it is for your employees to be able to maintain 100% control and flexibility of their account, should they change their mind and want all of their money back for other uses? (n=500)

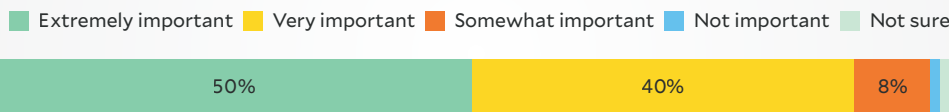


**What do participants say?**

Three in four participants feel this is important.

**Nine in ten feel it's at least very important to protect the value of their employees' entire workplace retirement savings account in the event of a stock market crash.**

**FIGURE 61** Importance of Protecting Value of Entire Workplace Retirement Savings



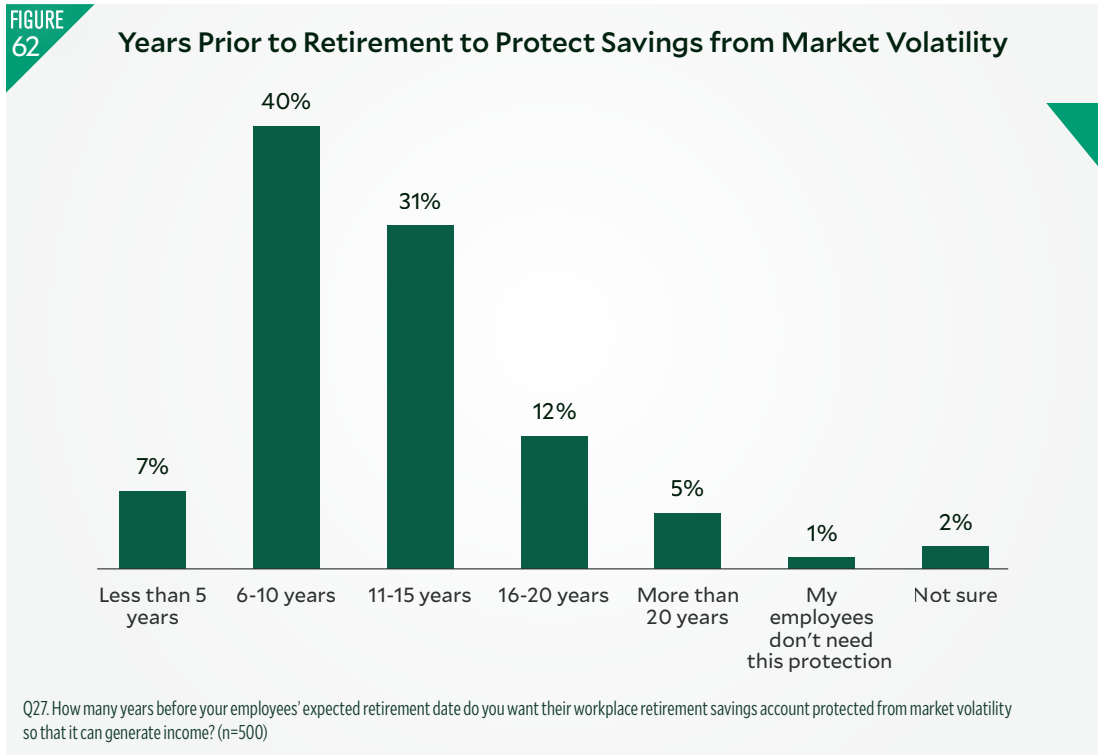
Q26. In the event of a stock market crash, how important is it for your employees to protect the value of their entire workplace retirement savings account balance to generate income when they retire, even if they have to pay a little more to protect it? (n=500)



**What do participants say?**

Three in four participants feel this is important.

**Nearly half want their employees' workplace retirement account protected from market volatility no more than 10 years before retirement.**



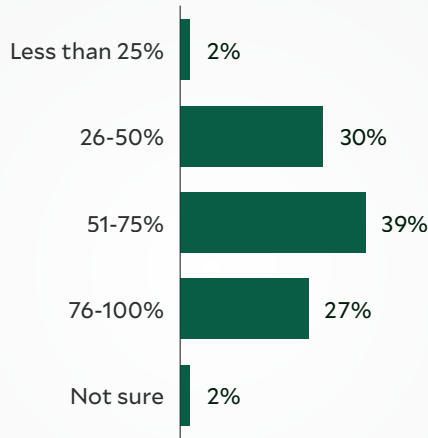
**What do participants say?**

Participants are more likely to want protection less than 5 years before retirement (21%).

**Two in three want to protect over half of their employees' retirement accounts from market volatility. Nearly two in ten expect their employees to be able to generate more than 6% of their income from their DC plan savings.**

- One in four want to protect at least 76% of their employees' accounts.
- The largest sponsors are more likely to want to protect more than half of the accounts.

**FIGURE 63** Percent of Retirement Savings to Protect from Market Volatility



Number of Employees	<50 (A)	50-249 (B)	250-999 (C)	1k+ (D)
Net: More than 50%	51%	65%	65%	69% <sup>A</sup>

Q28. Approximately what percent of your employees' workplace retirement savings account do you want to protect from market volatility so that it can generate income? Filter: Employees need protection (n=493)

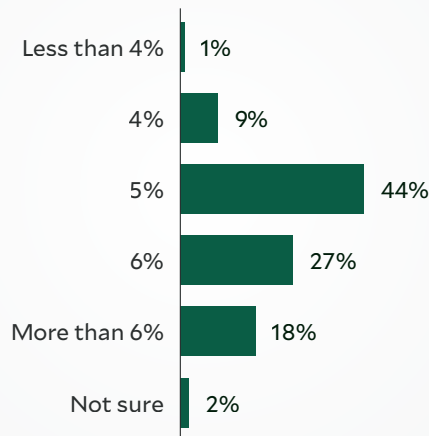
<sup>ABCD</sup> = Significantly higher than other subgroups at the 95% level



**What do participants say?**

53% of participants want over half of their accounts protected.

**FIGURE 64** Percent of Retirement Account Balance to Generate as Income



Q29. How much income, as percent of their account balance, do you expect your employees to be able to generate from their workplace retirement plan savings when they retire? (n=500)



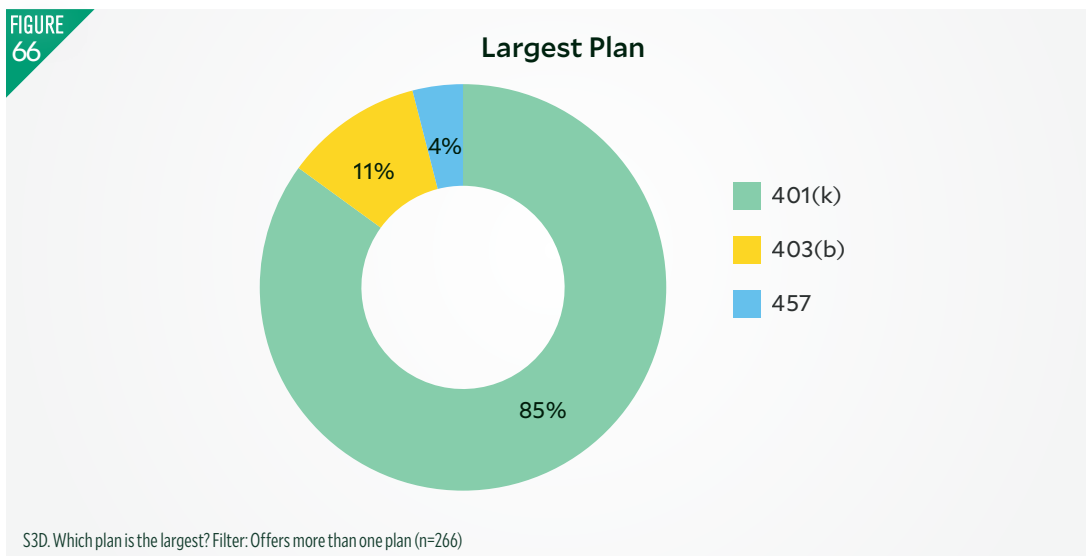
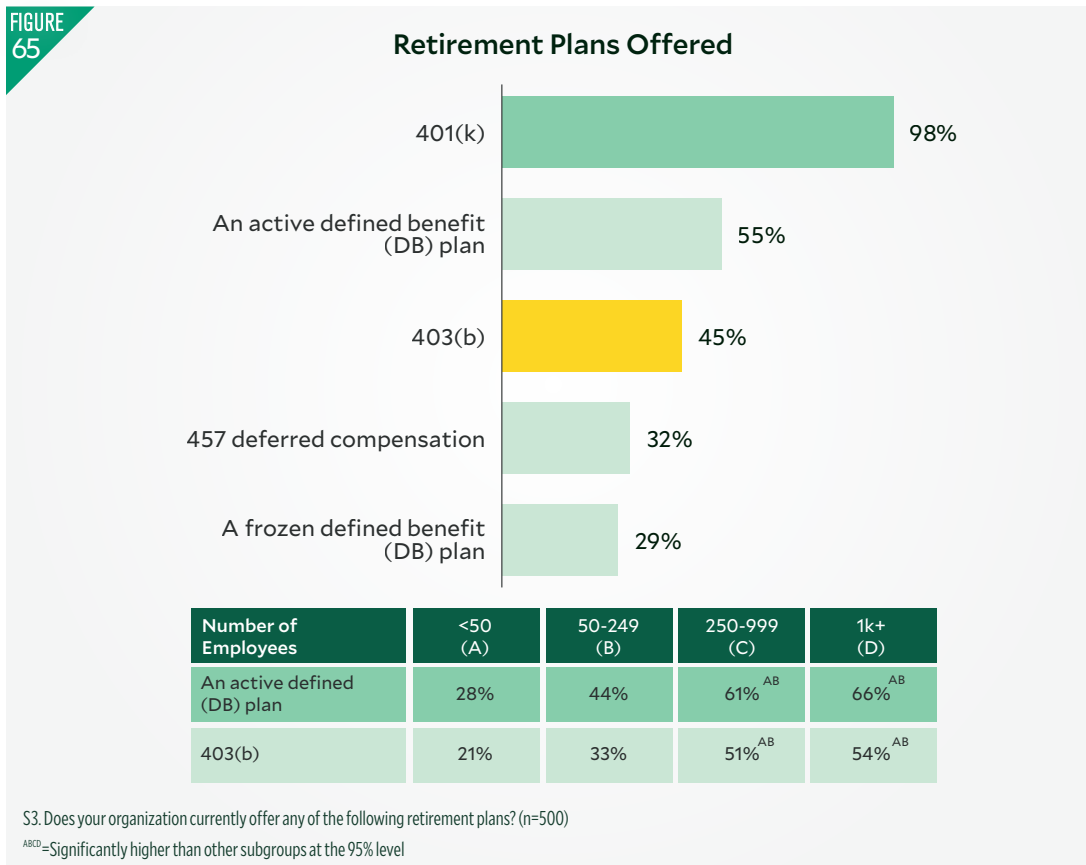
**What do participants say?**

27% of participants expect to generate more than 6%.

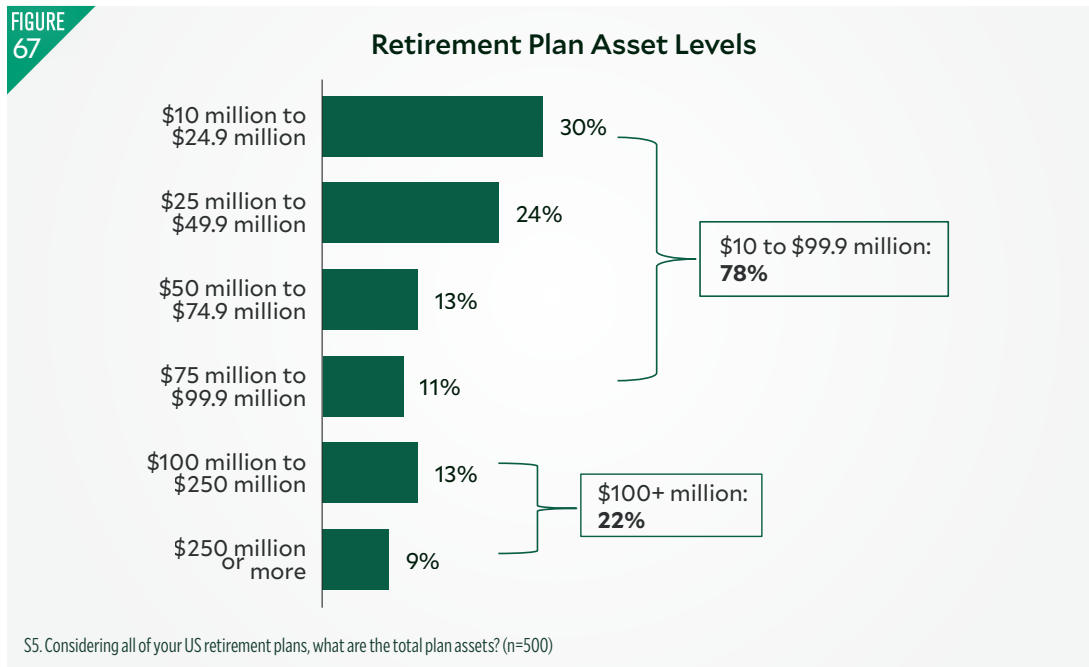
## PROFILE OF RESPONDENTS

**Nearly all sponsors offer a 401(k) plan and roughly half offer DB or 403(b) plans.**

- For those that offer more than one, 401(k) plans are most often the largest.



Nearly eight in ten have \$10 to less than \$100 million in retirement plan assets.



**FIGURE  
68**

**Profile of Respondents**

Number of Employees		Average Deferral Rate		Year Founded	
	n=500		n=500		n=500
<50	9%	0%	2%	1969 or earlier	12%
50-249	24%	1-2%	4%	1970-1989	12%
250-999	30%	3-4%	16%	1990-1999	17%
1,000+	37%	5-6%	41%	2000-2020	59%
<b>Decision-Making Role with DC Plan</b>		7-8%		<b>DC Recordkeeper</b>	
I am a final decision-maker		9%+		Fidelity	
I have considerable influence		26%		Bank of America/ Merrill Lynch	
<b>Extremely/Very Involved</b>		<b>Time With Current DC Plan Recordkeeper</b>		Vanguard	
Making decisions about plan design		Less than a year		Wells Fargo	
Selecting the plan provider or record-keeper		1-2 years		Empower Retirement	
Communicating with employees about their retirement plan benefits		3-4 years		T. Rowe Price	
Selecting and/or monitoring the investment options		5-9 years		Principal Financial	
<b>Participation Rate</b>		<b>Organization</b>		Prudential	
<50%		Privately held		Voya	
50-74%		Publicly held		Alight	
75-79%		An educational institution		Hewitt	
80-99%				Other	
100%				Do not retain a recordkeeper	

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