

3 Tips to Help Temper Taxes

Consider three key financial planning strategies investors may use to manage taxes on investment gains and dividends in an effort to improve overall performance.



KEY TAKEAWAYS

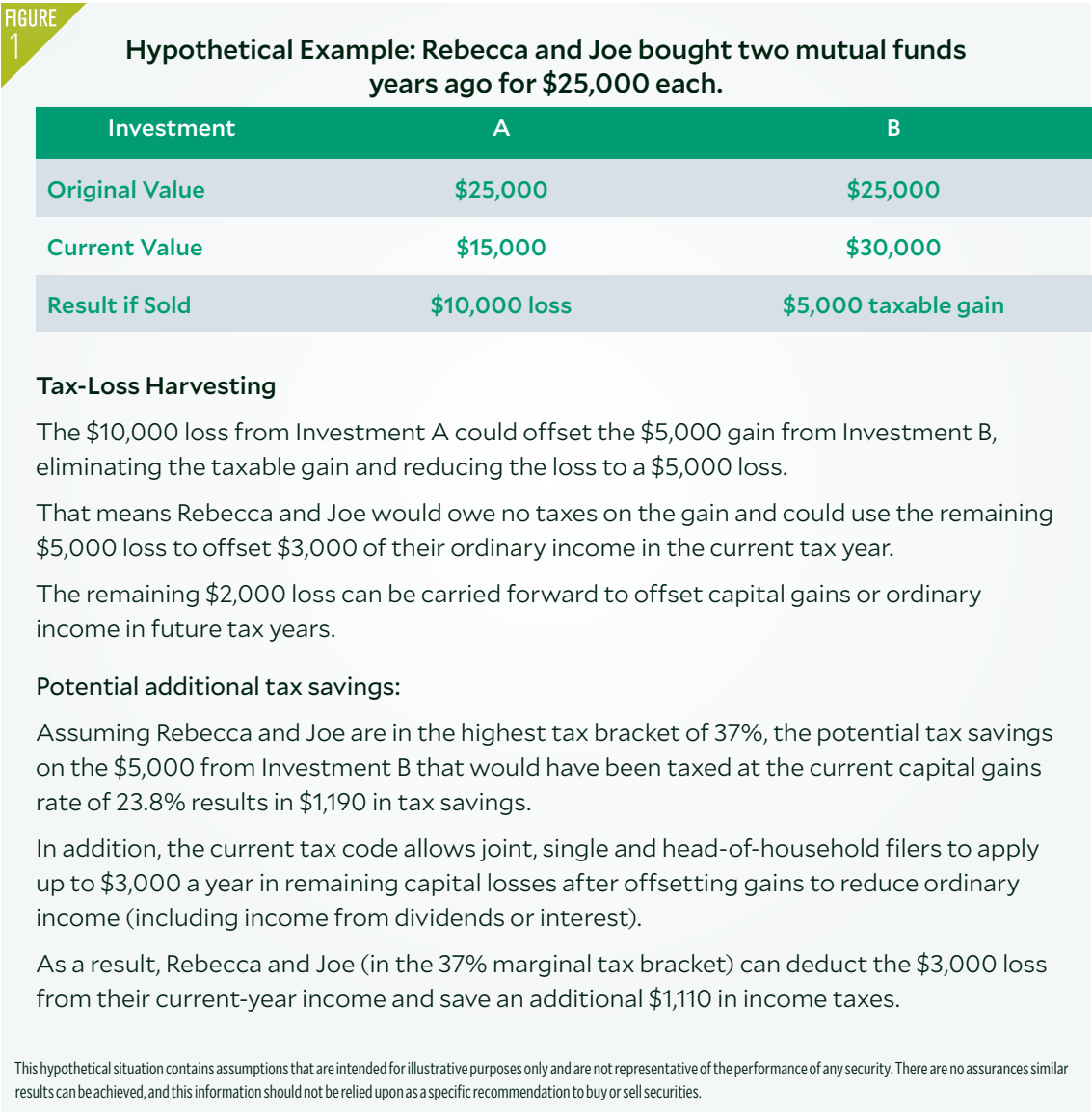
- In some cases, you may be able to turn investment losses into potential strategic wins for your clients. Using losses to offset gains may result in a lower tax bill.
- Managing capital gains and dividend distributions, from holding periods to ex-dividend dates, can potentially help enhance a portfolio's tax efficiency.
- Focusing on tax-friendly investments—and implementing strategies and tactics designed to reduce the portfolio's tax liability—helps keep tax efficiency at the forefront all year long.

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As most investors know, investment returns alone don't mean much. Rather, we believe it's after-tax investment returns that matter. Investing with an eye on taxes should be a year-long effort. Waiting until tax season may mean missed opportunities to take advantage of important strategies throughout the year. Adhering to three ongoing efforts—harvesting tax losses, managing distributions and thinking strategically—may improve the overall tax efficiency in your clients' portfolios.

1. HARVEST TAX LOSSES

While losses are never the goal, losing money in an investment can sometimes have an upside. With a tax-loss harvesting strategy, investment losses in one or more investments can help offset gains in others,* which may result in a lower overall tax liability. Investors can use their realized losses to offset capital gains or ordinary income, up to \$3,000 in a single year for joint filers (\$1,500 for single filers), according to the Internal Revenue Service (IRS). Investors may be able to carry forward any additional losses indefinitely. The IRS provides guidance on the amount you can carry forward, or consult with a professional tax consultant. Let's take a look at **Figure 1** for a hypothetical example of how tax-loss harvesting can work:



*Long- and short-term capital gains are taxed at different rates. Long-term gains may only be offset by longer-term losses. Likewise, short-term gains may only be offset by short-term losses.

When using the tax-loss harvesting strategy, it’s important to keep a few things in mind:

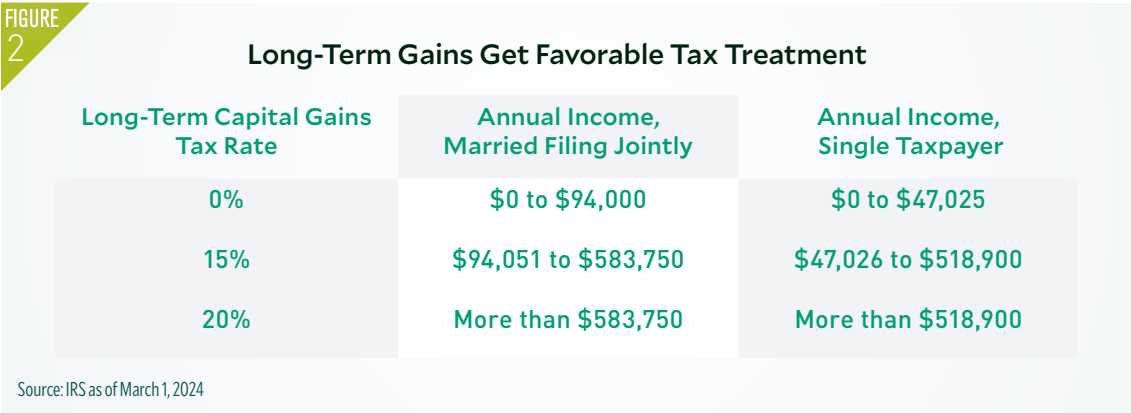
- **Be mindful of the IRS’ wash-sale rule.** This rule prohibits the purchase of the same or “substantially identical” security within 30 days (before or after) of selling that security at a loss.* You also may not sell a security at a loss in a taxable account and purchase that same security for a tax-deferred account within 30 days of the sale. However, you may purchase a similar investment to maintain exposure to that industry or sector.
- **Know your alternatives.** Consider the relative advantages and disadvantages of using ETFs, active mutual funds or indexed mutual funds to replace a security sold at a loss.
- **Don’t let taxes alone drive the sell decision.** Before harvesting tax losses, make sure the sale makes sense for the overall investment strategy and client goals.
- **The strategy works for taxable accounts only.** There’s no benefit to harvesting losses in a tax-deferred account.

2. MANAGE CAPITAL GAINS AND DIVIDENDS

Monitoring distribution timelines and investment holding periods—and determining if or when to buy or sell specific assets—are important components of a comprehensive investment strategy. These planning efforts can make a big difference in the portfolio’s yearly tax bill.

Regarding capital gains, the holding period is crucial. How long your client owns an investment before selling it at a profit will determine the tax liability. Selling an investment owned for less than one year triggers a short-term capital gain, while exiting an asset owned for more than a year causes a long-term capital gain.

In general, long-term capital gains receive more favorable tax treatment than short-term gains, which are taxed as ordinary income at marginal rates as high as 37%. The maximum tax rate for long-term capital gains is 20% (see **Figure 2**).

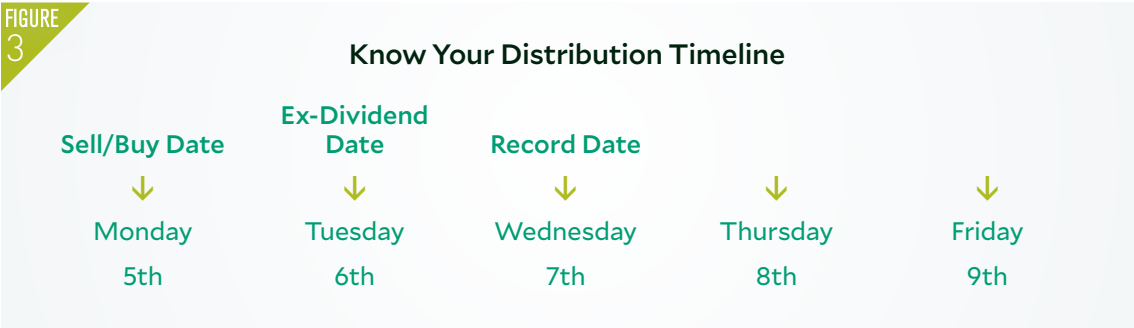


Similarly, dividends receive different tax treatment depending on their classification. Qualified dividends are taxed at the same rates as long-term capital gains. Nonqualified dividends are treated as ordinary income for tax purposes, taxed at regular income tax rates of 10%, 12%, 22%, 24%, 32%, 35% or 37%. To be “qualified,” a dividend:

- Must be paid by a U.S. corporation or qualified foreign entity.
- Cannot consist of premiums or insurance kickbacks, annual distributions from a credit union or dividends from co-ops or tax-exempt organizations.
- Must meet holding period requirements, which differ for each asset type.

There are other important dates and timelines to consider regarding capital gains and dividend distributions (see **Figure 3**). In most cases, given a two-day settlement period:

- If you buy a security before the ex-dividend date, you will receive the dividend (or capital gains distribution).
- If you buy a security on the ex-dividend date, you will not receive the dividend (or capital gains distribution).
- If you sell a security prior to the ex-dividend date, you will not receive the dividend (or capital gains distribution).
- If you sell a security on the ex-dividend date, you will receive the dividend (or capital gains distribution).



3. PLAN STRATEGICALLY

Over time, the effect of capital gains distributions can add up, cutting into your clients’ long-term profits. Consider these figures for a hypothetical \$100,000 investment in the average U.S. large-cap stock mutual fund, according to Morningstar. For the period 2013 through 2023:

- Assuming an average annual return of a little over 10%, the portfolio’s pretax value at the end of the 10-year period was nearly \$267,261.¹
- The average annual tax cost for the period was 1.54%, or \$4,115—with almost double the average expense ratio of 0.94%.²
- The total tax bill for the 10-year holding period was approximately \$35,147, cutting the after-tax portfolio value to \$232,114.¹

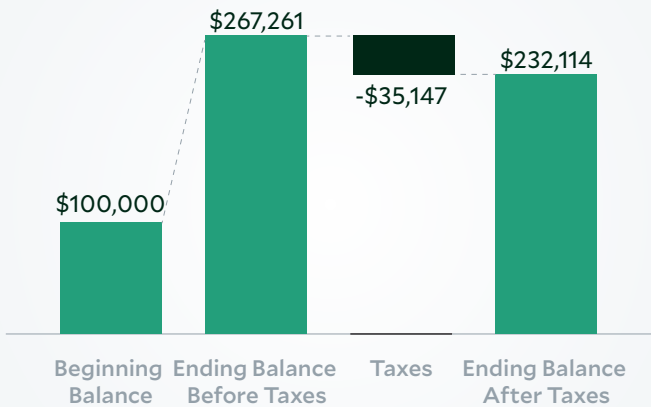
Limiting the effect of taxes on a portfolio’s long-term performance requires ongoing attention to the portfolio’s holdings. Perhaps most importantly, consider tax-efficient investments, such as ETFs. Compared with actively managed mutual funds, many ETFs experience lower turnover—and therefore, fewer taxable events. In addition, the ETF structure is generally more

tax friendly than most mutual funds. When mutual fund investors redeem shares, the fund may have to sell securities to meet the redemptions. And those sales may trigger capital gains for the fund and all its shareholders. But when ETF investors sell shares, they sell those shares to other investors, resulting in no taxable gains for the ETF.

In addition to using tax-efficient investments to create a solid foundation in the portfolio, other tactics to consider also may help limit the annual tax bill:

- Pursue a buy-and-hold strategy to reduce turnover within the portfolio.
- Limit exposure to investments that pay taxable distributions several times a year.
- Minimize long-term gains.
- Avoid taking short-term capital gains, which are typically taxed at a higher rate.
- Invest regularly, rather than trying to time the market.

FIGURE 4
The Effect of Capital Gains Distributions
Hypothetical Example



This hypothetical situation contains assumptions that are intended for illustrative purposes only and are not representative of the performance of any security. There are no assurances similar results can be achieved, and this information should not be relied upon as a specific recommendation to buy or sell securities.

TARGET TAX EFFICIENCY ALL YEAR LONG

Taxes shouldn't drive your clients' investment decisions, but tax consequences should be an ongoing consideration. For example, remain mindful of the potential liability associated with the investments in your clients' portfolios. Also, think strategically about purchases and sales, ensuring all transactions make sense from a tax perspective. And make tax planning an ongoing effort, so tax season doesn't reveal any tax-bill surprises.

END NOTES

- 1 American Century Investments calculations are for illustrative purposes only and are not indicative of the performance of any fund or investment portfolio. The calculations do not include commissions, sales charges or fees.
- 2 Source: Morningstar, as of December 31, 2023. The tax rate applies to the oldest share class of all active U.S. large-cap equity open-end mutual funds available in the U.S.

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All capital gains tax rates noted reflect Internal Revenue Service rates as of 02/29/2023.

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* As of 11/30/2018, the Internal Revenue Service has not released a definitive opinion regarding the definition of “substantially identical” securities and its application to the wash sale rule and ETFs. The information and examples provided are not intended to be a complete analysis of every material fact and are presented for educational and illustrative purposes only. Tax consequences will vary by individual taxpayer and individuals must carefully evaluate their tax positions before engaging in any tax strategy.

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