## American Workers Regret Not Saving Enough and Look to Their Workplace for Help

$9 / 10$ say retirement savings is very important 95\% say a retirement plan is most important benefit
\#1 Regret: Not Saving Enough
>8/10 could have saved more

(:) 9/10 express regret

## Saving Early is Crucial



7/10 saved less in first 5 working years


DEBT is \#1 obstacle

## Employer Plays an Important Role

75\% want a slight to strong nudge from their employers

Ages 55-65

- Ages 25-54


50\% prefer companies with retirement plans
75\% prefer a 3\% match over a 3\% raise 70\% prefer a 6\% match over a 6\% raise
(6) $7 / 10$ view positively companies with:

- automatic enrollment
- automatic increases
- target-date funds

SAVE MORE!
The message workers would tell their younger selves

## 7/10 show interest in holistic advice

To receive the full report, contact your American Century Investments ${ }^{\circledR}$ representative.

